



Du a Liga 1-runda - wi tokrzyska Liga Pływacka
Ostrowiec w., 11 lutego 2012



Konkurencja 10
11-02-2012 - 12:04

M czynn, 400m zmienny

13 lat i starsi
Wyniki

Rek Okr gu wi t. Seniorów	4:19.49	Styrzy ski Adrian	DEPOL	O wi cim	26-11-2004
Rek Okr gu wi t. Jun 18-lat	4:19.49	Styrzy ski Adrian	DEPOL	O wi cim	26-11-2004
Rek Okr gu wi t. Jun 17-lat	4:19.49	Styrzy ski Adrian	DEPOL	O wi cim	26-11-2004
Rek Okr gu wi t. Jun 16-lat	4:30.25	Kaczmarek Marcin	KSOST	Szczecin	02-12-2010
Rek Okr gu wi t. Jun 15-lat	4:44.38	Zabojszcz Wojciech	KOKIE	Katowice	22-01-2010
Rek Okr gu wi t. Jun 14-lat	4:52.47	Zabojszcz Wojciech	KOKIE	O wi cim	18-12-2009
Rek Okr gu wi t. Młodz.13-lat	4:58.91	Zabojszcz Wojciech	KOKIE	O wi cim	20-12-2008

Punkty: FINA 2011

Pozycja Rok ur. Czas Pkt.

15 lat i starsi

1. Szczechura Patryk	95	KSZO Ostrowiec w	4:48.82	542
50m: 30.59 30.59	150m: 1:42.42 36.36	250m: 3:00.42 42.57	350m: 4:16.58 32.92	
100m: 1:06.06 35.47	200m: 2:17.85 35.43	300m: 3:43.66 43.24	400m: 4:48.82 32.24	
2. Dytkowski Jan	97	KSZO Ostrowiec w	4:55.46	506
50m: 30.96 30.96	150m: 1:45.14 37.76	250m: 3:05.71 43.66	350m: 4:22.78 32.92	
100m: 1:07.38 36.42	200m: 2:22.05 36.91	300m: 3:49.86 44.15	400m: 4:55.46 32.68	
3. Krycia Mateusz	96	KSZO Ostrowiec w	5:01.51	476
50m: 32.28 32.28	150m: 1:47.04 37.98	250m: 3:09.54 45.75	350m: 4:28.44 34.27	
100m: 1:09.06 36.78	200m: 2:23.79 36.75	300m: 3:54.17 44.63	400m: 5:01.51 33.07	
4. Rogozi ski Łukasz	94	KSZO Ostrowiec w	5:05.27	459
50m: 33.93 33.93	150m: 1:51.09 37.55	250m: 3:15.94 47.37	350m: 4:34.29 33.57	
100m: 1:13.54 39.61	200m: 2:28.57 37.48	300m: 4:00.72 44.78	400m: 5:05.27 30.98	
5. Bujak Piotr	97	Korona-Swim Kielce	5:06.38	454
50m: 33.17 33.17	150m: 1:49.77 38.13	250m: 3:13.09 45.16	350m: 4:33.72 34.00	
100m: 1:11.64 38.47	200m: 2:27.93 38.16	300m: 3:59.72 46.63	400m: 5:06.38 32.66	
6. Szafarczyk Igor	97	Korona-Swim Kielce	5:06.62	453
50m: 34.11 34.11	150m: 1:53.34 39.14	250m: 3:13.36 41.87	350m: 4:31.96 35.90	
100m: 1:14.20 40.09	200m: 2:31.49 38.15	300m: 3:56.06 42.70	400m: 5:06.62 34.66	
7. Kowalski Patryk	97	UNIA Busko Zdrój	5:17.61	407
50m: 34.61 34.61	150m: 1:58.26 41.64	250m: 3:23.05 44.41	350m: 4:42.81 35.79	
100m: 1:16.62 42.01	200m: 2:38.64 40.38	300m: 4:07.02 43.97	400m: 5:17.61 34.80	
8. Machniewski Jakub	96	Korona-Swim Kielce	5:19.39	400
50m: 35.62 35.62	150m: 1:58.03 39.82	250m: 3:21.53 44.43	350m: 4:43.60 37.68	
100m: 1:18.21 42.59	200m: 2:37.10 39.07	300m: 4:05.92 44.39	400m: 5:19.39 35.79	
9. Szymanowski Przemysław	86	Barakuda Starachowice	5:29.15	366
50m: 37.27 37.27	150m: 2:03.43 43.85	250m: 3:31.70 46.67	350m: 4:54.34 36.76	
100m: 1:19.58 42.31	200m: 2:45.03 41.60	300m: 4:17.58 45.88	400m: 5:29.15 34.81	
10. Lipka Łukasz	97	Salos Cortile Kielce	5:35.36	346
50m: 34.34 34.34	150m: 2:42.58 43.09	250m: 4:21.52 50.42	350m: 5:35.36 38.16	
100m: 1:59.49 1:25.15	200m: 3:31.10 48.52	300m: 4:59.68 38.16	400m: 5:35.36 38.16	
11. Zimnicki Patryk	97	FOKA Sandomierz	5:39.03	335
50m: 37.00 37.00	150m: 2:08.39 45.50	250m: 3:39.96 49.16	350m: 5:05.88 36.81	
100m: 1:22.89 45.89	200m: 2:50.80 42.41	300m: 4:29.07 49.11	400m: 5:39.03 33.15	
12. Machul Grzegorz	97	Korona-Swim Kielce	5:39.76	333
50m: 33.52 33.52	150m: 1:57.41 42.88	250m: 3:31.33 51.81	350m: 5:02.85 38.70	
100m: 1:14.53 41.01	200m: 2:39.52 42.11	300m: 4:24.15 52.82	400m: 5:39.76 36.91	

14 lat

1. Kwietniewski Maciej	98	Korona-Swim Kielce	5:18.40	404
50m: 32.47 32.47	150m: 1:52.12 42.00	250m: 3:19.83 46.04	350m: 4:44.79 36.70	
100m: 1:10.12 37.65	200m: 2:33.79 41.67	300m: 4:08.09 48.26	400m: 5:18.40 33.61	



Konkurencja 10, Chłopców, 400m zmienny, 14 lat

Pozycja				Rok ur.					Czas	Pkt.		
2.	Jaworski Norbert			98	UNIA Busko Zdrój				5:24.46	382		
	50m:	37.13	37.13	150m:	2:05.93	42.14	250m:	3:29.18	41.27	350m:	4:48.84	37.24
	100m:	1:23.79	46.66	200m:	2:47.91	41.98	300m:	4:11.60	42.42	400m:	5:24.46	35.62
3.	Rogozi ski Michał			98	KSZO Ostrowiec w				5:26.08	376		
	50m:	34.70	34.70	150m:	2:40.71	42.65	250m:	4:14.70	47.92	350m:		
	100m:	1:58.06	1:23.36	200m:	3:26.78	46.07	300m:	4:50.85	36.15	400m:	5:26.08	
4.	Łojek Michał			98	Korona-Swim Kielce				5:42.38	325		
	50m:	35.85	35.85	150m:	2:03.93	43.94	250m:	3:36.66	51.10	350m:	5:05.57	38.63
	100m:	1:19.99	44.14	200m:	2:45.56	41.63	300m:	4:26.94	50.28	400m:	5:42.38	36.81

13 lat

1.	Bujak Dominik			99	Korona-Swim Kielce				5:13.56	423		
	50m:	33.28	33.28	150m:	1:52.41	39.88	250m:	3:17.51	45.90	350m:	4:39.08	35.12
	100m:	1:12.53	39.25	200m:	2:31.61	39.20	300m:	4:03.96	46.45	400m:	5:13.56	34.48
2.	Kijewski Kasper			99	Salos Cortile Kielce				5:34.05	350		
	50m:	35.25	35.25	150m:	1:58.58	41.17	250m:	3:29.36	49.58	350m:	4:57.37	36.12
	100m:	1:17.41	42.16	200m:	2:39.78	41.20	300m:	4:21.25	51.89	400m:	5:34.05	36.68
3.	Łukawski Mikołaj			99	Korona-Swim Kielce				5:45.26	317		
	50m:	35.90	35.90	150m:	2:04.41	44.56	250m:	3:38.37	49.97	350m:	5:07.56	38.71
	100m:	1:19.85	43.95	200m:	2:48.40	43.99	300m:	4:28.85	50.48	400m:	5:45.26	37.70
4.	Skuza Artur			99	WODNIK Ko skie				5:59.31	281		
	50m:	41.14	41.14	150m:	2:13.22	43.95	250m:	3:47.74	50.78	350m:	5:21.05	38.95
	100m:	1:29.27	48.13	200m:	2:56.96	43.74	300m:	4:42.10	54.36	400m:	5:59.31	38.26
5.	Banachowski Jakub			99	Korona-Swim Kielce				6:44.14	197		
	50m:	40.90	40.90	150m:	2:27.23	54.76	250m:	4:15.88	55.41	350m:	6:00.35	47.32
	100m:	1:32.47	51.57	200m:	3:20.47	53.24	300m:	5:13.03	57.15	400m:	6:44.14	43.79