



Konkurencja 2  
10-11-2012

M czyzn, 400m zmienny

13 lat i starsi  
Wyniki

Rek Okr gu wi t. Seniorów	4:19.49	Styrzy ski Adrian	DEPOL	O wi cim	26-11-2004
Rek Okr gu wi t. Jun 18-lat	4:19.49	Styrzy ski Adrian	DEPOL	O wi cim	26-11-2004
Rek Okr gu wi t. Jun 17-lat	4:19.49	Styrzy ski Adrian	DEPOL	O wi cim	26-11-2004
Rek Okr gu wi t. Jun 16-lat	4:30.25	Kaczmarek Marcin	KSOST	Szczecin	02-12-2010
Rek Okr gu wi t. Jun 15-lat	4:44.38	Zabojszcz Wojciech	KOKIE	Katowice	22-01-2010
Rek Okr gu wi t. Jun 14-lat	4:52.47	Zabojszcz Wojciech	KOKIE	O wi cim	18-12-2009
Rek Okr gu wi t. Młodz.13-lat	4:58.91	Zabojszcz Wojciech	KOKIE	O wi cim	20-12-2008

Punkty: FINA 2011

Pozycja	Rok ur.	Czas	Pkt.
<b>15 lat i starsi</b>			
1. Ksi ek Sebastian SOc	96	<b>4:44.47</b>	567
50m: 30.36 30.36	150m: 1:40.65 37.40	250m: 2:58.91 41.56	350m: 4:13.04 31.65
100m: 1:03.25 32.89	200m: 2:17.35 36.70	300m: 3:41.39 42.48	400m: 4:44.47 31.43
2. Krycia Mateusz SOc	96	<b>4:48.87</b>	541
50m: 31.04 31.04	150m: 1:44.32 37.54	250m: 3:03.57 42.96	350m: 4:17.52 32.17
100m: 1:06.78 35.74	200m: 2:20.61 36.29	300m: 3:45.35 41.78	400m: 4:48.87 31.35
3. Dytkowski Jan	97	<b>4:54.44</b>	511
50m: 29.69 29.69	150m: 1:42.73 37.91	250m: 3:01.68 42.14	350m: 4:19.53 33.84
100m: 1:04.82 35.13	200m: 2:19.54 36.81	300m: 3:45.69 44.01	400m: 4:54.44 34.91
4. Szel g Ernest	97	<b>4:58.28</b>	492
50m: 31.94 31.94	150m: 1:45.72 37.36	250m: 3:04.39 41.57	350m: 4:23.37 34.98
100m: 1:08.36 36.42	200m: 2:22.82 37.10	300m: 3:48.39 44.00	400m: 4:58.28 34.91
5. Szafarczyk Igor	97	<b>5:04.47</b>	462
50m: 33.19 33.19	150m: 1:51.06 39.14	250m: 3:11.52 41.59	350m: 4:30.91 36.86
100m: 1:11.92 38.73	200m: 2:29.93 38.87	300m: 3:54.05 42.53	400m: 5:04.47 33.56
6. Kowalski Patryk	97	<b>5:09.57</b>	440
50m: 32.93 32.93	150m: 1:51.84 40.68	250m: 3:14.52 42.72	350m: 4:34.62 36.92
100m: 1:11.16 38.23	200m: 2:31.80 39.96	300m: 3:57.70 43.18	400m: 5:09.57 34.95
7. Rogozi ski Łukasz	94	<b>5:11.93</b>	430
50m: 31.67 31.67	150m: 1:48.39 39.31	250m: 3:13.41 46.74	350m: 4:36.63 35.82
100m: 1:09.08 37.41	200m: 2:26.67 38.28	300m: 4:00.81 47.40	400m: 5:11.93 35.30
8. Machniewski Jakub	96	<b>5:12.25</b>	429
50m: 34.92 34.92	150m: 1:52.97 38.98	250m: 3:15.56 43.83	350m: 4:36.29 37.58
100m: 1:13.99 39.07	200m: 2:31.73 38.76	300m: 3:58.71 43.15	400m: 5:12.25 35.96
9. Szymanowski Przemysław	86	<b>5:18.73</b>	403
50m: 34.72 34.72	150m: 1:56.75 42.72	250m: 3:23.51 45.50	350m: 4:44.89 36.11
100m: 1:14.03 39.31	200m: 2:38.01 41.26	300m: 4:08.78 45.27	400m: 5:18.73 33.84
10. Zimnicki Patryk	97	<b>5:24.60</b>	381
50m: 34.42 34.42	150m: 1:57.22 42.87	250m: 3:25.90 48.05	350m: 4:49.78 36.84
100m: 1:14.35 39.93	200m: 2:37.85 40.63	300m: 4:12.94 47.04	400m: 5:24.60 34.82
11. Semczuk Radosław	97	<b>5:42.69</b>	324
50m: 34.96 34.96	150m: 2:07.40 46.68	250m: 3:39.88 44.73	350m: 5:05.31 37.71
100m: 1:20.72 45.76	200m: 2:55.15 47.75	300m: 4:27.60 47.72	400m: 5:42.69 37.38
12. Choi ski Michał	96	<b>6:33.09</b>	215
50m: 37.16 37.16	150m: 2:17.96 54.37	250m: 4:01.46 50.86	350m: 5:44.55 50.06
100m: 1:23.59 46.43	200m: 3:10.60 52.64	300m: 4:54.49 53.03	400m: 6:33.09 48.54
13. St pie Patryk	96	<b>6:41.55</b>	201
50m: 41.46 41.46	150m: 2:25.61 50.55	250m: 4:12.70 56.42	350m: 5:56.05 46.98
100m: 1:35.06 53.60	200m: 3:16.28 50.67	300m: 5:09.07 56.37	400m: 6:41.55 45.50



Konkurencja 2, Mężczyzn, 400m zmienny

14 lat

1.	Jaworski Norbert	98	UNIA Busko Zdrój	<b>5:06.01</b>	455
	50m: 35.10 35.10	150m: 1:54.97 40.36	250m: 3:16.12 40.26	350m: 4:32.25 35.02	
	100m: 1:14.61 39.51	200m: 2:35.86 40.89	300m: 3:57.23 41.11	400m: 5:06.01 33.76	
2.	Kwietniewski Maciej	98	Korona-Swim Kielce	<b>5:13.81</b>	422
	50m: 32.12 32.12	150m: 1:49.98 40.74	250m: 3:16.70 45.85	350m: 4:39.76 35.73	
	100m: 1:09.24 37.12	200m: 2:30.85 40.87	300m: 4:04.03 47.33	400m: 5:13.81 34.05	
3.	Gibalski Bartłomiej	98	Salos Cortile Kielce	<b>5:14.02</b>	421
	50m: 35.20 35.20	150m: 1:57.20 41.01	250m: 3:21.29 44.41	350m: 4:39.45 36.26	
	100m: 1:16.19 40.99	200m: 2:36.88 39.68	300m: 4:03.19 41.90	400m: 5:14.02 34.57	
4.	Szweda Tomasz	98	LKS Delfin Połaniec	<b>5:42.32</b>	325
	50m: 34.56 34.56	150m: 1:57.15 42.24	250m: 3:33.13 53.11	350m: 5:05.43 40.15	
	100m: 1:14.91 40.35	200m: 2:40.02 42.87	300m: 4:25.28 52.15	400m: 5:42.32 36.89	

13 lat

1.	Bujak Dominik	99	Salos Cortile Kielce	<b>5:05.70</b>	457
	50m: 32.35 32.35	150m: 1:48.94 39.37	250m: 3:10.87 42.56	350m: 4:31.21 35.31	
	100m: 1:09.57 37.22	200m: 2:28.31 39.37	300m: 3:55.90 45.03	400m: 5:05.70 34.49	
2.	Kijewski Kasper	99	Salos Cortile Kielce	<b>5:15.33</b>	416
	50m: 33.60 33.60	150m: 1:51.49 38.58	250m: 3:17.57 47.49	350m: 4:42.52 35.73	
	100m: 1:12.91 39.31	200m: 2:30.08 38.59	300m: 4:06.79 49.22	400m: 5:15.33 32.81	
3.	Jarosz Dawid	99	WODNIK Koszów	<b>5:15.53</b>	415
	50m: 33.18 33.18	150m: 1:52.58 41.85	250m: 3:18.13 44.13	350m: 4:41.18 37.74	
	100m: 1:10.73 37.55	200m: 2:34.00 41.42	300m: 4:03.44 45.31	400m: 5:15.53 34.35	
4.	Łukawski Mikołaj	99	Korona-Swim Kielce	<b>5:25.00</b>	380
	50m: 33.12 33.12	150m: 1:52.59 41.48	250m: 3:22.49 48.75	350m: 4:48.03 35.84	
	100m: 1:11.11 37.99	200m: 2:33.74 41.15	300m: 4:12.19 49.70	400m: 5:25.00 36.97	
5.	Rogoziński Mateusz	99	KSZO Ostrowiec w.	<b>5:38.61</b>	336
	50m: 33.08 33.08	150m: 2:00.64 45.36	250m: 3:33.66 50.01	350m: 5:02.06 36.12	
	100m: 1:15.28 42.20	200m: 2:43.65 43.01	300m: 4:25.94 52.28	400m: 5:38.61 36.55	
6.	Adamik Filip	99	KSZO Ostrowiec w.	<b>5:45.18</b>	317
	50m: 35.43 35.43	150m: 2:01.07 41.93	250m: 3:36.44 53.41	350m: 5:08.28 38.68	
	100m: 1:19.14 43.71	200m: 2:43.03 41.96	300m: 4:29.60 53.16	400m: 5:45.18 36.90	
7.	Stępnia Kacper	99	Korona-Swim Kielce	<b>5:59.16</b>	281
	50m: 35.48 35.48	150m: 2:05.86 44.57	250m: 3:43.07 52.93	350m: 5:18.29 41.84	
	100m: 1:21.29 45.81	200m: 2:50.14 44.28	300m: 4:36.45 53.38	400m: 5:59.16 40.87	
8.	Banachowski Jakub	99	Korona-Swim Kielce	<b>6:18.76</b>	240
	50m: 39.49 39.49	150m: 2:15.71 51.08	250m: 3:58.33 51.62	350m: 5:35.08 43.21	
	100m: 1:24.63 45.14	200m: 3:06.71 51.00	300m: 4:51.87 53.54	400m: 6:18.76 43.68	
PK	Jaskier Mateusz SOc	96	Motyl Stalowa Wola	<b>5:32.27</b>	356
	50m: 33.10 33.10	150m: 1:59.74 45.86	250m: 3:29.03 46.79	350m: 4:55.01 38.39	
	100m: 1:13.88 40.78	200m: 2:42.24 42.50	300m: 4:16.62 47.59	400m: 5:32.27 37.26	