



Drużynowe Mistrzostwa Młodzików 12,13-let
Ostrowiec w., 24,25 marzec 2012r



Konkurencja 7
24-03-2012

Dziewcząt, 400m dowolny

12 - 13 lat
Wyniki

Rek Polski Młodz 13-lat	4:24.58	Ancykowska Joanna	WAPOZ	Pozna	28-11-1991
Rek Polski Młodz 12-lat	4:35.20	Kwiatkowska Agnieszka	STSZC	Szczecin	20-11-1982
Rek Okregu Swiet. Młodz.13-lat	4:35.47	Wołoszyn Sonia	KSOST	Saint Dizier (FRA)	15-11-2008
Rek Okregu Swiet. Młodz.12-lat	4:43.86	Wołoszyn Sonia	ARKIE	Ostrowiec w.	09-12-2007

Punkty: FINA 2011

Pozycja	Rok ur.	Czas	Pkt.				
Młodzik 12-lat							
1. Tomo Martyna	00	5:12.07	426				
50m: 35.25	35.25	150m: 1:53.73	39.86	250m: 3:13.20	40.14	350m: 4:33.58	40.25
100m: 1:13.87	38.62	200m: 2:33.06	39.33	300m: 3:53.33	40.13	400m: 5:12.07	38.49
2. Radecka Anna	00	5:17.55	404				
50m: 36.45	36.45	150m: 1:57.68	40.67	250m: 3:19.19	40.62	350m: 4:36.58	37.57
100m: 1:17.01	40.56	200m: 2:38.57	40.89	300m: 3:59.01	39.82	400m: 5:17.55	40.97
3. Niziołek Kinga	00	5:21.77	389				
50m: 36.47	36.47	150m: 1:58.99	41.39	250m: 3:21.91	41.09	350m: 4:43.69	40.81
100m: 1:17.60	41.13	200m: 2:40.82	41.83	300m: 4:02.88	40.97	400m: 5:21.77	38.08
4. Szopa Marta	00	5:22.19	387				
50m: 35.13	35.13	150m: 1:56.76	41.40	250m: 3:19.02	41.30	350m: 4:41.51	40.91
100m: 1:15.36	40.23	200m: 2:37.72	40.96	300m: 4:00.60	41.58	400m: 5:22.19	40.68
5. Kroczek Iga	00	5:24.33	380				
50m: 37.03	37.03	150m: 1:59.34	41.57	250m: 3:21.55	41.48	350m: 4:43.07	40.34
100m: 1:17.77	40.74	200m: 2:40.07	40.73	300m: 4:02.73	41.18	400m: 5:24.33	41.26
6. Bkiewicz Julia	00	5:32.02	354				
50m: 36.63	36.63	150m: 2:00.46	42.18	250m: 3:26.08	42.89	350m: 4:52.13	43.46
100m: 1:18.28	41.65	200m: 2:43.19	42.73	300m: 4:08.67	42.59	400m: 5:32.02	39.89
7. Karkoszka Anna	00	5:32.58	352				
50m: 36.29	36.29	150m: 2:00.40	42.76	250m: 3:25.56	42.38	350m: 4:52.46	43.53
100m: 1:17.64	41.35	200m: 2:43.18	42.78	300m: 4:08.93	43.37	400m: 5:32.58	40.12
8. Rogala Julia	00	5:49.67	303				
50m: 38.82	38.82	150m: 2:07.88	45.62	250m: 3:38.49	45.57	350m: 5:06.47	43.13
100m: 1:22.26	43.44	200m: 2:52.92	45.04	300m: 4:23.34	44.85	400m: 5:49.67	43.20
9. Niedziałkowska Daria	00	5:52.23	296				
50m: 38.74	38.74	150m: 2:08.15	45.51	250m: 3:40.91	46.48	350m: 5:12.03	44.91
100m: 1:22.64	43.90	200m: 2:54.43	46.28	300m: 4:27.12	46.21	400m: 5:52.23	40.20
10. Nowak Julia	00	5:57.91	282				
50m: 41.43	41.43	150m: 2:12.37	46.12	250m: 3:44.92	46.00	350m: 5:14.77	44.54
100m: 1:26.25	44.82	200m: 2:58.92	46.55	300m: 4:30.23	45.31	400m: 5:57.91	43.14
11. Grobelna Patrycja	00	5:59.19	279				
50m: 37.85	37.85	150m: 2:07.74	45.40	250m: 3:41.19	47.36	350m: 5:14.97	47.24
100m: 1:22.34	44.49	200m: 2:53.83	46.09	300m: 4:27.73	46.54	400m: 5:59.19	44.22
12. Mroczkowska Nikola	00	6:08.68	258				
50m: 41.22	41.22	150m: 2:14.20	47.84	250m: 3:49.77	47.14	350m: 5:24.80	47.18
100m: 1:26.36	45.14	200m: 3:02.63	48.43	300m: 4:37.62	47.85	400m: 6:08.68	43.88
13. yłka Natalia	00	6:25.43	226				
50m: 42.00	42.00	150m: 2:19.55	49.11	250m: 3:59.01	49.54	350m: 5:39.68	50.31
100m: 1:30.44	48.44	200m: 3:09.47	49.92	300m: 4:49.37	50.36	400m: 6:25.43	45.75
14. Wośniak Barbara	00	6:38.64	204				
50m: 41.00	41.00	150m: 2:22.69	52.21	250m: 4:05.66	51.53	350m: 5:50.14	52.58
100m: 1:30.48	49.48	200m: 3:14.13	51.44	300m: 4:57.56	51.90	400m: 6:38.64	48.50
15. Stępie Paulina	00	7:14.48	158				
50m: 46.02	46.02	150m: 2:36.49	53.36	250m: 4:29.88	55.57	350m: 6:19.92	56.20
100m: 1:43.13	57.11	200m: 3:34.31	57.82	300m: 5:23.72	53.84	400m: 7:14.48	54.56



Drużynowe Mistrzostwa Młodzików 12,13-lat
Ostrowiec w., 24,25 marzec 2012r



Konkurencja 7, Dziewcząt, 400m dowolny, Młodzik 12-lat

Pozycja	Rok ur.	Club	Time	Pkt.
16. Biniak Dominika	00	WODNIK Koszkie	7:40.56	132
50m: 45.57 45.57	150m: 2:41.76 57.62	250m: 4:43.01 1:01.42	350m: 6:42.47 59.97	
100m: 1:44.14 58.57	200m: 3:41.59 59.83	300m: 5:42.50 59.49	400m: 7:40.56 58.09	
17. Kucharczyk Gabriela	00	Korona-Swim Kielce	7:47.56	126
50m: 48.54 48.54	150m: 2:46.36 58.86	250m: 4:46.64 1:00.03	350m: 6:47.02 59.11	
100m: 1:47.50 58.96	200m: 3:46.61 1:00.25	300m: 5:47.91 1:01.27	400m: 7:47.56 1:00.54	

Młodzik 13-lat

1. Ośóg Paulina	99	MKP Bobry Dębica	5:03.72	462
50m: 34.78 34.78	150m: 1:52.06 38.88	250m: 3:09.51 38.84	350m: 4:27.02 38.70	
100m: 1:13.18 38.40	200m: 2:30.67 38.61	300m: 3:48.32 38.81	400m: 5:03.72 36.70	
2. Grzybek Nadia	99	FOKA Sandomierz	5:08.17	442
50m: 35.08 35.08	150m: 1:52.77 39.04	250m: 3:11.34 39.32	350m: 4:29.49 39.26	
100m: 1:13.73 38.65	200m: 2:32.02 39.25	300m: 3:50.23 38.89	400m: 5:08.17 38.68	
3. Gaik Natalia	99	Salos Cortile Kielce	5:14.53	416
50m: 36.35 36.35	150m: 1:55.79 40.12	250m: 3:15.71 39.31	350m: 4:36.12 40.57	
100m: 1:15.67 39.32	200m: 2:36.40 40.61	300m: 3:55.55 39.84	400m: 5:14.53 38.41	
4. Foltyn Matylda	99	Salos Cortile Kielce	5:16.99	407
50m: 35.25 35.25	150m: 1:55.40 40.32	250m: 3:16.25 40.31	350m: 4:37.88 40.91	
100m: 1:15.08 39.83	200m: 2:35.94 40.54	300m: 3:56.97 40.72	400m: 5:16.99 39.11	
5. Wietrzyńska Renata	99	MKS Wodnik Radom	5:17.20	406
50m: 34.78 34.78	150m: 1:56.12 41.04	250m: 3:18.00 40.87	350m: 4:38.92 40.23	
100m: 1:15.08 40.30	200m: 2:37.13 41.01	300m: 3:58.69 40.69	400m: 5:17.20 38.28	
6. Stępień Kamila	99	Barakuda Starachowice	5:17.37	405
50m: 35.72 35.72	150m: 1:55.06 40.29	250m: 3:15.69 40.38	350m: 4:37.24 40.88	
100m: 1:14.77 39.05	200m: 2:35.31 40.25	300m: 3:56.36 40.67	400m: 5:17.37 40.13	
7. Tymofiejewicz Natalia	99	Motyl Stalowa Wola	5:24.55	379
50m: 35.33 35.33	150m: 1:57.12 41.82	250m: 3:20.95 41.99	350m: 4:45.04 41.99	
100m: 1:15.30 39.97	200m: 2:38.96 41.84	300m: 4:03.05 42.10	400m: 5:24.55 39.51	
8. Iliwiak Klaudia	99	MKS Wodnik Radom	5:26.72	371
50m: 34.40 34.40	150m: 1:56.90 42.26	250m: 3:21.12 42.44	350m: 4:47.02 42.18	
100m: 1:14.64 40.24	200m: 2:38.68 41.78	300m: 4:04.84 43.72	400m: 5:26.72 39.70	
9. Gołbiewska Wiktoria	99	MKP Bobry Dębica	5:29.10	363
50m: 36.72 36.72	150m: 1:58.64 41.66	250m: 3:22.68 42.03	350m: 4:48.08 42.65	
100m: 1:16.98 40.26	200m: 2:40.65 42.01	300m: 4:05.43 42.75	400m: 5:29.10 41.02	
10. Dziekan Aleksandra	99	MKS Ikar Mielec	5:35.58	343
50m: 37.06 37.06	150m: 1:59.26 41.90	250m: 3:23.98 42.84	350m: 4:50.52 43.54	
100m: 1:17.36 40.30	200m: 2:41.14 41.88	300m: 4:06.98 43.00	400m: 5:35.58 45.06	
11. Kaniuczak Sylwia	99	KP Sokół Rzeszów	5:43.50	319
50m: 35.84 35.84	150m: 2:00.68 43.75	250m: 3:30.60 45.07	350m: 5:01.66 45.55	
100m: 1:16.93 41.09	200m: 2:45.53 44.85	300m: 4:16.11 45.51	400m: 5:43.50 41.84	
12. Parys Jagoda	99	MKS Ikar Mielec	5:50.36	301
50m: 38.06 38.06	150m: 2:06.99 45.44	250m: 3:38.04 45.14	350m: 5:08.31 45.05	
100m: 1:21.55 43.49	200m: 2:52.90 45.91	300m: 4:23.26 45.22	400m: 5:50.36 42.05	
13. Morąg Weronika	99	ORKA Jdrzejów	5:55.85	287
50m: 38.28 38.28	150m: 2:09.35 45.97	250m: 3:41.28 46.21	350m: 5:13.19 45.96	
100m: 1:23.38 45.10	200m: 2:55.07 45.72	300m: 4:27.23 45.95	400m: 5:55.85 42.66	
14. Kojtek Milena	99	ORKA Jdrzejów	6:00.82	275
50m: 38.09 38.09	150m: 2:10.60 46.90	250m: 3:43.27 46.28	350m: 5:15.32 45.41	
100m: 1:23.70 45.61	200m: 2:56.99 46.39	300m: 4:29.91 46.64	400m: 6:00.82 45.50	
15. Krzywonos Izabela	99	KP Sokół Rzeszów	6:00.97	275
50m: 38.14 38.14	150m: 2:08.25 45.92	250m: 3:42.36 46.67	350m: 5:16.91 46.94	
100m: 1:22.33 44.19	200m: 2:55.69 47.44	300m: 4:29.97 47.61	400m: 6:00.97 44.06	



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Ostrowiec w., 24,25 marzec 2012r



Konkurencja 7, Dziewcząt, 400m dowolny, Młodzik 13-let

Pozycja	Rok ur.								Czas	Pkt.	
16. Reczko Emilia	99 KSZO Ostrowiec w								6:08.83	258	
50m:	42.23	42.23	150m:	2:14.67	46.99	250m:	3:48.71	46.81	350m:	5:23.38	46.61
100m:	1:27.68	45.45	200m:	3:01.90	47.23	300m:	4:36.77	48.06	400m:	6:08.83	45.45