Event 38 | Women, 400m Medley | Open
22-12-2012 - 16:09 | Results Final

Rek Polski Seniorów	4:31.89	Baranowska Katarzyna	MKSZC	Debrecen (HUN)	16-12-2007
Rek Polski Jun 18-lat	4:33.70	Baranowska Katarzyna	MKSZC	Trieste (ITA)	11-12-2005
Rek Polski Jun 17-lat	4:38.72	Szczepaniak Karolina	AZWAR	Gorzów Wlkp.	29-11-2009
Rek Polski Jun 16-lat	4:42.49	Jędrzejczak Otylia	PAKAT	Spała	01-12-1999
Rek Polski Jun 15-lat	4:45.72	Szpucha Katarzyna	OLALE	Ciechanów	11-03-2011
Rek Polski Jun 14-lat	4:53.86	Sieńczyk Jowita	ZABIA	Poznań	18-12-2011

Points: FINA 2011

Rank		YB		RT	Time	Pts

Final A

1. Chwadeczko Zuzanna SSz — 95 — LUBLINIANKA — +1,62 — **4:43.91** — 777

50m:	29.74	29.74	150m:	1:40.76	36.47	250m:	2:57.39	41.23	350m:	4:11.72	32.58
100m:	1:04.29	34.55	200m:	2:16.16	35.40	300m:	3:39.14	41.75	400m:	4:43.91	32.19

2. Sienczyk Jowita SK — 97 — ZAK Biala Podlaska — +0,95 — **4:47.60** — 747

50m:	30.60	30.60	150m:	1:42.66	37.11	250m:	2:58.81	40.53	350m:	4:14.53	35.08
100m:	1:05.55	34.95	200m:	2:18.28	35.62	300m:	3:39.45	40.64	400m:	4:47.60	33.07

3. Szpucha Katarzyna SK — 96 — Olimpijczyk Aleksandrow — +0,83 — **4:49.93** — 729

50m:	31.33	31.33	150m:	1:42.76	35.45	250m:	3:00.21	40.91	350m:	4:15.58	34.23
100m:	1:07.31	35.98	200m:	2:19.30	36.54	300m:	3:41.35	41.14	400m:	4:49.93	34.35

4. Urbanska Karolina — 92 — AZS AWF Warszawa — **4:51.55** — 717

50m:	30.96	30.96	150m:	1:43.78	36.79	250m:	3:02.32	41.66	350m:	4:18.43	34.33
100m:	1:06.99	36.03	200m:	2:20.66	36.88	300m:	3:44.10	41.78	400m:	4:51.55	33.12

5. Sikora Paulina — 93 — AZS AWF Warszawa — +0,85 — **4:51.88** — 715

50m:	31.41	31.41	150m:	1:44.18	37.53	250m:	3:03.28	42.16	350m:	4:19.71	33.64
100m:	1:06.65	35.24	200m:	2:21.12	36.94	300m:	3:46.07	42.79	400m:	4:51.88	32.17

6. Nienaltowska Natalia — 96 — POLONIA Warszawa — +0,83 — **4:55.85** — 686

50m:	31.01	31.01	150m:	1:43.61	37.21	250m:	3:03.54	41.88	350m:	4:21.56	34.91
100m:	1:06.40	35.39	200m:	2:21.66	38.05	300m:	3:46.65	43.11	400m:	4:55.85	34.29

7. Zygo Karolina — 96 — OLIMPIA Lublin — +1,01 — **4:56.92** — 679

50m:	32.54	32.54	150m:	1:45.26	37.07	250m:	3:05.13	43.11	350m:	4:23.62	34.56
100m:	1:08.19	35.65	200m:	2:22.02	36.76	300m:	3:49.06	43.93	400m:	4:56.92	33.30

8. Zbrojewska Michalina — 96 — Piatka Konstantynow — +0,91 — **5:02.10** — 645

50m:	32.66	32.66	150m:	1:49.55	38.07	250m:	3:09.20	41.33	350m:	4:27.17	36.00
100m:	1:11.48	38.82	200m:	2:27.87	38.32	300m:	3:51.17	41.97	400m:	5:02.10	34.93