



Konkurencja 19
30-11-2014 - 9:30

Kobiet, 400m dowolny

Open
Wyniki

Rek Okręgu w. t. Seniorów	4:08.04	Kilija ska Donata	KSOST	Pozna	17-12-2011
Rek Okręgu w. t. Jun.18-lat	4:08.04	Kilija ska Donata	KSOST	Pozna	17-12-2011
Rek Okręgu w. t. Jun.17-lat	4:08.04	Kilija ska Donata	KSOST	Pozna	17-12-2011
Rek Okręgu w. t. Jun.16-lat	4:08.04	Kilija ska Donata	KSOST	Pozna	17-12-2011
Rek Okręgu w. t. Jun.15-lat	4:11.12	Kilija ska Donata	KSOST	Łódź	21-11-2010
Rek Okręgu w. t. Jun.14-lat	4:16.92	Kilija ska Donata	KSOST	Gorzów Wlkp.	28-11-2009
Rek Okręgu w. t. Młodz.13-lat	4:35.47	Wołoszyn Sonia	KSOST	Saint Dizier (FRA)	15-11-2008
Rek Okręgu w. t. Młodz.12-lat	4:43.86	Wołoszyn Sonia	ARKIE	Ostrowiec w.	09-12-2007
Rek Okręgu w. t. Dzieci	5:16.58	Mikołajczyk Marta	KOKIE	Busko Zdrój	06-12-2008

Punkty: FINA 2013

Pozycja Rok ur. Czas Pkt.

Młodzik

1. Kuc Weronika	02	Barakuda Starachowice	4:51.07	525
50m: 32.68 32.68	150m: 1:46.02 36.94	250m: 3:00.94 37.56	350m: 4:15.20 37.11	
100m: 1:09.08 36.40	200m: 2:23.38 37.36	300m: 3:38.09 37.15	400m: 4:51.07 35.87	
2. Piotrowicz Maja	02	Barakuda Starachowice	4:54.81	505
50m: 32.78 32.78	150m: 1:46.20 37.11	250m: 3:01.05 37.44	350m: 4:14.20 35.89	
100m: 1:09.09 36.31	200m: 2:23.61 37.41	300m: 3:38.31 37.26	400m: 4:54.81 40.61	
3. Boro Paulina	02	KSZO Ostrowiec w	5:21.07	391
50m: 36.32 36.32	150m: 1:57.94 41.11	250m: 3:19.57 41.09	350m: 4:42.11 41.80	
100m: 1:16.83 40.51	200m: 2:38.48 40.54	300m: 4:00.31 40.74	400m: 5:21.07 38.96	
4. Sobieraj Julia	02	Barakuda Starachowice	5:24.52	379
50m: 38.44 38.44	150m: 2:01.14 41.09	250m: 3:23.91 41.28	350m: 4:45.19 40.60	
100m: 1:20.05 41.61	200m: 2:42.63 41.49	300m: 4:04.59 40.68	400m: 5:24.52 39.33	
5. Nowak Adrianna	02	KSZO Ostrowiec w	5:34.91	344
50m: 38.44 38.44	150m: 2:01.69 41.71	250m: 3:27.10 43.43	350m: 4:54.41 43.99	
100m: 1:19.98 41.54	200m: 2:43.67 41.98	300m: 4:10.42 43.32	400m: 5:34.91 40.50	
6. Kurasi ska Oliwia	02	KSZO Ostrowiec w	5:46.77	310
50m: 39.46 39.46	150m: 2:07.03 44.11	250m: 3:35.97 44.36	350m: 5:04.18 43.99	
100m: 1:22.92 43.46	200m: 2:51.61 44.58	300m: 4:20.19 44.22	400m: 5:46.77 42.59	

Open

1. Mazur Maja	98	Salos Cortile Kielce	4:39.03	596
50m: 31.95 31.95	150m: 1:41.08 34.65	250m: 2:51.13 35.09	350m: 4:03.60 36.41	
100m: 1:06.43 34.48	200m: 2:16.04 34.96	300m: 3:27.19 36.06	400m: 4:39.03 35.43	
2. Szafra ska Julia	00	KSZO Ostrowiec w	4:41.76	579
50m: 31.91 31.91	150m: 1:42.43 35.59	250m: 2:54.20 36.06	350m: 4:07.05 36.15	
100m: 1:06.84 34.93	200m: 2:18.14 35.71	300m: 3:30.90 36.70	400m: 4:41.76 34.71	
3. Wójtowicz Julia	00	Barakuda Starachowice	4:45.85	554
50m: 32.53 32.53	150m: 1:44.10 36.17	250m: 2:57.49 36.82	350m: 4:10.63 36.55	
100m: 1:07.93 35.40	200m: 2:20.67 36.57	300m: 3:34.08 36.59	400m: 4:45.85 35.22	
4. Radecka Anna	00	Barakuda Starachowice	4:49.49	533
50m: 32.42 32.42	150m: 1:45.18 36.92	250m: 2:59.35 37.04	350m: 4:14.10 37.43	
100m: 1:08.26 35.84	200m: 2:22.31 37.13	300m: 3:36.67 37.32	400m: 4:49.49 35.39	
5. Pytel Maria	86	Barakuda Starachowice	4:49.97	531
50m: 32.43 32.43	150m: 1:44.55 36.56	250m: 2:59.26 37.41	350m: 4:13.75 37.14	
100m: 1:07.99 35.56	200m: 2:21.85 37.30	300m: 3:36.61 37.35	400m: 4:49.97 36.22	
6. Kuc Weronika	02	Barakuda Starachowice	4:51.07	525
50m: 32.68 32.68	150m: 1:46.02 36.94	250m: 3:00.94 37.56	350m: 4:15.20 37.11	
100m: 1:09.08 36.40	200m: 2:23.38 37.36	300m: 3:38.09 37.15	400m: 4:51.07 35.87	
7. Piotrowicz Maja	02	Barakuda Starachowice	4:54.81	505
50m: 32.78 32.78	150m: 1:46.20 37.11	250m: 3:01.05 37.44	350m: 4:14.20 35.89	
100m: 1:09.09 36.31	200m: 2:23.61 37.41	300m: 3:38.31 37.26	400m: 4:54.81 40.61	



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Pozycja	Rok ur.						Czas	Pkt.			
8. Kowal Paulina SOc	99	KSZO Ostrowiec w					5:11.42	428			
50m:	34.33	34.33	150m:	1:51.88	39.75	250m:	3:12.06	39.64	350m:	4:32.77	40.39
100m:	1:12.13	37.80	200m:	2:32.42	40.54	300m:	3:52.38	40.32	400m:	5:11.42	38.65
9. Boro Paulina	02	KSZO Ostrowiec w					5:21.07	391			
50m:	36.32	36.32	150m:	1:57.94	41.11	250m:	3:19.57	41.09	350m:	4:42.11	41.80
100m:	1:16.83	40.51	200m:	2:38.48	40.54	300m:	4:00.31	40.74	400m:	5:21.07	38.96
10. Sobieraj Julia	02	Barakuda Starachowice					5:24.52	379			
50m:	38.44	38.44	150m:	2:01.14	41.09	250m:	3:23.91	41.28	350m:	4:45.19	40.60
100m:	1:20.05	41.61	200m:	2:42.63	41.49	300m:	4:04.59	40.68	400m:	5:24.52	39.33
11. Nowak Adrianna	02	KSZO Ostrowiec w					5:34.91	344			
50m:	38.44	38.44	150m:	2:01.69	41.71	250m:	3:27.10	43.43	350m:	4:54.41	43.99
100m:	1:19.98	41.54	200m:	2:43.67	41.98	300m:	4:10.42	43.32	400m:	5:34.91	40.50
12. Kurasi ska Oliwia	02	KSZO Ostrowiec w					5:46.77	310			
50m:	39.46	39.46	150m:	2:07.03	44.11	250m:	3:35.97	44.36	350m:	5:04.18	43.99
100m:	1:22.92	43.46	200m:	2:51.61	44.58	300m:	4:20.19	44.22	400m:	5:46.77	42.59
13. Reczko Emilia SOc	99	KSZO Ostrowiec w					5:57.09	284			
50m:	40.32	40.32	150m:	2:09.80	45.08	250m:	3:41.06	46.06	350m:	5:12.44	46.23
100m:	1:24.72	44.40	200m:	2:55.00	45.20	300m:	4:26.21	45.15	400m:	5:57.09	44.65