Konkurencja 11 — Mężczyzn, 400m dowolny — Open
18-12-2014 - 11:33 — Wyniki Eliminacje

Rek Polski Seniorów	3:37.78	Korzeniowski Paweł	AZWAR	Gorzów Wlkp.	26-11-2009
Rek Polski Jun.18-lat	3:43.28	Furtek Paweł	MKSZC	Poznań	30-11-2013
Rek Polski Jun.17-lat	3:45.26	Wojdak Wojciech	UNOSW	Ostrowiec Św.	19-12-2013
Rek Polski Jun.16-lat	3:47.70	Wojdak Wojciech	BOBRZ	Ostrowiec Św.	19-12-2012
Rek Polski Jun.15-lat	3:53.56	Arndt Mateusz	DEGDY	Ostrowiec Św.	20-12-2013
Rek Polski Jun.14-lat	3:59.77	Zoniuk Maciej	SLWRO	Saint Dizier (FRA)	15-11-2008

Punkty: FINA 2014

Pozycja					Rok ur.				Czas	Pkt.	
1.	Wojdak Wojciech SO				96	UNIA Oświęcim			**3:46.36**	824	A
	50m: 26.12	26.12	150m: 1:22.45	28.29	250m: 2:19.37	28.49	350m: 3:17.18	29.09			
	100m: 54.16	28.04	200m: 1:50.88	28.43	300m: 2:48.09	28.72	400m: 3:46.36	29.18			
2.	Klich Kacper				94	ŚLĄSK Wrocław			**3:48.42**	802	A
	50m: 26.79	26.79	150m: 1:24.72	29.04	250m: 2:22.57	28.81	350m: 3:19.94	28.67			
	100m: 55.68	28.89	200m: 1:53.76	29.04	300m: 2:51.27	28.70	400m: 3:48.42	28.48			
3.	Kuświk Maciej				96	ŚLĄSK Wrocław			**3:48.71**	799	A
	50m: 26.38	26.38	150m: 1:22.87	28.53	250m: 2:20.13	28.49	350m: 3:19.07	29.60			
	100m: 54.34	27.96	200m: 1:51.64	28.77	300m: 2:49.47	29.34	400m: 3:48.71	29.64			
4.	Smeja Sławomir				94	AZS AWF Katowice			**3:51.92**	766	A
	50m: 26.44	26.44	150m: 1:24.43	29.10	250m: 2:23.14	29.28	350m: 3:22.51	29.73			
	100m: 55.33	28.89	200m: 1:53.86	29.43	300m: 2:52.78	29.64	400m: 3:51.92	29.41			
5.	Kaczmarski Marcin				94	MKP Szczecin			**3:52.30**	762	A
	50m: 26.53	26.53	150m: 1:24.57	29.19	250m: 2:23.66	29.54	350m: 3:23.05	29.78			
	100m: 55.38	28.85	200m: 1:54.12	29.55	300m: 2:53.27	29.61	400m: 3:52.30	29.25			
6.	Głyk Wojciech				92	AZS AWF Katowice			**3:52.53**	760	A
	50m: 27.14	27.14	150m: 1:25.35	29.13	250m: 2:23.94	29.38	350m: 3:23.39	29.67			
	100m: 56.22	29.08	200m: 1:54.56	29.21	300m: 2:53.72	29.78	400m: 3:52.53	29.14			
7.	Jura Maciej				96	ŚLĄSK Wrocław			**3:52.76**	758	A
	50m: 27.47	27.47	150m: 1:25.74	29.26	250m: 2:25.64	30.02	350m: 3:25.62	30.05			
	100m: 56.48	29.01	200m: 1:55.62	29.88	300m: 2:55.57	29.93	400m: 3:52.76	27.14			
8.	Książek Sebastian SOc				96	KS KSZO Ostrowiec			**3:52.98**	756	A
	50m: 26.56	26.56	150m: 1:24.24	29.09	250m: 2:23.47	29.81	350m: 3:23.94	30.21			
	100m: 55.15	28.59	200m: 1:53.66	29.42	300m: 2:53.73	30.26	400m: 3:52.98	29.04			
9.	Sawrymowicz Mateusz				87	MKP Szczecin			**3:53.14**	754	A
	50m: 27.43	27.43	150m: 1:26.13	29.30	250m: 2:25.17	29.50	350m: 3:24.43	29.58			
	100m: 56.83	29.40	200m: 1:55.67	29.54	300m: 2:54.85	29.68	400m: 3:53.14	28.71			
10.	Jaszczak Wiktor				97	ŚLĄSK Wrocław			**3:53.24**	753	?
	50m: 27.22	27.22	150m: 1:25.73	29.41	250m: 2:25.21	29.72	350m: 3:24.59	29.63			
	100m: 56.32	29.10	200m: 1:55.49	29.76	300m: 2:54.96	29.75	400m: 3:53.24	28.65			
	Staniszewski Adam SSz				97	TRÓJKA Łódź			**3:53.24**	753	?
	50m: 27.17	27.17	150m: 1:26.23	29.39	250m: 2:25.24	29.62	350m: 3:24.56	29.75			
	100m: 56.84	29.67	200m: 1:55.62	29.39	300m: 2:54.81	29.57	400m: 3:53.24	28.68			
12.	Łowicki Marcin				95	NAWA Skierniewice			**3:53.29**	753	B SKR
	50m: 26.87	26.87	150m: 1:24.96	29.20	250m: 2:23.64	29.34	350m: 3:23.56	30.11			
	100m: 55.76	28.89	200m: 1:54.30	29.34	300m: 2:53.45	29.81	400m: 3:53.29	29.73			
13.	Goleniec Łukasz SO				97	UNIA Oświęcim			**3:54.58**	740	B
	50m: 27.61	27.61	150m: 1:26.39	29.37	250m: 2:25.72	29.63	350m: 3:25.23	29.71			
	100m: 57.02	29.41	200m: 1:56.09	29.70	300m: 2:55.52	29.80	400m: 3:54.58	29.35			
14.	Osses Arkadiusz				95	WARTA Poznań			**3:54.91**	737	B SKR
	50m: 27.76	27.76	150m: 1:26.79	29.65	250m: 2:26.46	29.76	350m: 3:25.82	29.28			
	100m: 57.14	29.38	200m: 1:56.70	29.91	300m: 2:56.54	30.08	400m: 3:54.91	29.09			
15.	Kałużyński Antoni				99	Gim-92 Ursynów W-wa			**3:55.28**	734	B
	50m: 27.34	27.34	150m: 1:26.91	29.87	250m: 2:26.55	29.59	350m: 3:26.63	29.91			
	100m: 57.04	29.70	200m: 1:56.96	30.05	300m: 2:56.72	30.17	400m: 3:55.28	28.65			

Konkurencja 11, Mężczyzn, 400m dowolny, Eliminacje, Open

Pozycja		Rok ur.		Czas	Pkt.	
16.	Usciłko Michał	95	Juvenia Białystok	**3:55.83**	729	B
	50m: 27.35 27.35 150m: 1:26.41 29.58 250m: 2:26.10 29.73 350m: 3:26.66 30.34					
	100m: 56.83 29.48 200m: 1:56.37 29.96 300m: 2:56.32 30.22 400m: 3:55.83 29.17					
17.	Burzawa Mateusz	96	MOS Dąbrowa Grn	**3:56.56**	722	B
	50m: 27.07 27.07 150m: 1:26.32 29.83 250m: 2:26.11 29.87 350m: 3:26.56 30.29					
	100m: 56.49 29.42 200m: 1:56.24 29.92 300m: 2:56.27 30.16 400m: 3:56.56 30.00					
18.	Zwoliński Marcin	97	MOS Dąbrowa Grn	**3:56.70**	721	B
	50m: 27.21 27.21 150m: 1:27.11 29.95 250m: 2:26.79 29.74 350m: 3:26.69 30.13					
	100m: 57.16 29.95 200m: 1:57.05 29.94 300m: 2:56.56 29.77 400m: 3:56.70 30.01					
19.	Topolski Arkadiusz SO	98	UNIA Oświęcim	**3:58.83**	701	B
	50m: 26.67 26.67 150m: 1:28.04 30.79 250m: 2:29.44 30.57 350m: 3:30.22 29.91					
	100m: 57.25 30.58 200m: 1:58.87 30.83 300m: 3:00.31 30.87 400m: 3:58.83 28.61					
20.	Krawczyk Paweł	99	BUKS Warszawa	**3:59.30**	697	B
	50m: 27.03 27.03 150m: 1:26.75 30.31 250m: 2:28.24 30.67 350m: 3:29.72 30.57					
	100m: 56.44 29.41 200m: 1:57.57 30.82 300m: 2:59.15 30.91 400m: 3:59.30 29.58					
21.	Dereń Kacper	98	Dziewiątka Dzierżoniów	**3:59.63**	694	R
	50m: 27.51 27.51 150m: 1:27.40 29.93 250m: 2:28.07 30.40 350m: 3:29.79 30.98					
	100m: 57.47 29.96 200m: 1:57.67 30.27 300m: 2:58.81 30.74 400m: 3:59.63 29.84					
22.	Wiak Jakub	95	Olimpijczyk 23 Lublin	**3:59.74**	693	R SKR
	50m: 27.10 27.10 150m: 1:27.27 30.13 250m: 2:28.31 30.38 350m: 3:30.15 31.02					
	100m: 57.14 30.04 200m: 1:57.93 30.66 300m: 2:59.13 30.82 400m: 3:59.74 29.59					
23.	Bujak Piotr	97	SALOS Cortile Kielce	**4:00.27**	689	
	50m: 27.52 27.52 150m: 1:27.49 30.03 250m: 2:28.08 30.15 350m: 3:29.53 30.85					
	100m: 57.46 29.94 200m: 1:57.93 30.44 300m: 2:58.68 30.60 400m: 4:00.27 30.74					
24.	Karaś Sebastian	91	AZS AWF Warszawa	**4:00.49**	687	
	50m: 27.84 27.84 150m: 1:28.80 30.51 250m: 2:30.31 30.65 350m: 3:30.94 30.23					
	100m: 58.29 30.45 200m: 1:59.66 30.86 300m: 3:00.71 30.40 400m: 4:00.49 29.55					
25.	Bruchajzer Dominik	97	MZOS Płock	**4:00.85**	684	
	50m: 26.84 26.84 150m: 1:27.63 30.42 250m: 2:28.87 30.79 350m: 3:30.66 30.75					
	100m: 57.21 30.37 200m: 1:58.08 30.45 300m: 2:59.91 31.04 400m: 4:00.85 30.19					
26.	Dytkowski Jan SOc	97	KS KSZO Ostrowiec	**4:01.02**	682	
	50m: 27.35 27.35 150m: 1:28.67 31.10 250m: 2:29.61 29.73 350m: 3:29.69 30.09					
	100m: 57.57 30.22 200m: 1:59.88 31.21 300m: 2:59.60 29.99 400m: 4:01.02 31.33					
27.	Chmielewski Jakub	99	ŚLĄSK Wrocław	**4:01.75**	676	
	50m: 27.95 27.95 150m: 1:28.91 30.52 250m: 2:30.14 30.37 350m: 3:31.60 30.81					
	100m: 58.39 30.44 200m: 1:59.77 30.86 300m: 3:00.79 30.65 400m: 4:01.75 30.15					
28.	Perzankowski Kacper	96	NAWA Skierniewice	**4:02.35**	671	
	50m: 27.90 27.90 150m: 1:28.39 30.14 250m: 2:29.08 30.17 350m: 3:31.01 31.24					
	100m: 58.25 30.35 200m: 1:58.91 30.52 300m: 2:59.77 30.69 400m: 4:02.35 31.34					
29.	Kaczorowski Jakub	97	Żoliborz W-wa	**4:03.10**	665	
	50m: 27.78 27.78 150m: 1:29.05 30.67 250m: 2:30.98 30.97 350m: 3:33.29 30.94					
	100m: 58.38 30.60 200m: 2:00.01 30.96 300m: 3:02.35 31.37 400m: 4:03.10 29.81					
30.	Dębski Dominik	98	TRÓJKA Łódź	**4:03.13**	665	
	50m: 28.20 28.20 150m: 1:29.50 30.82 250m: 2:30.63 30.36 350m: 3:32.65 31.32					
	100m: 58.68 30.48 200m: 2:00.27 30.77 300m: 3:01.33 30.70 400m: 4:03.13 30.48					
31.	Żybura Kornel	95	Bobry Dębica	**4:03.22**	664	
	50m: 27.68 27.68 150m: 1:29.14 31.01 250m: 2:30.98 30.95 350m: 3:33.00 31.08					
	100m: 58.13 30.45 200m: 2:00.03 30.89 300m: 3:01.92 30.94 400m: 4:03.22 30.22					
32.	Ciesielski Filip	96	Piętnastka Bydgoszcz	**4:04.47**	654	
	50m: 27.43 27.43 150m: 1:28.03 30.23 250m: 2:30.49 31.50 350m: 3:34.02 31.54					
	100m: 57.80 30.37 200m: 1:58.99 30.96 300m: 3:02.48 31.99 400m: 4:04.47 30.45					

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Pozycja		Rok ur.		Czas	Pkt.
33.	Popis Emil SR	98	Victoria Racibórz	**4:04.62**	653
	50m: 27.93 27.93 150m: 1:30.08 31.24 250m: 2:32.20 30.90 350m: 3:34.86 31.26				
	100m: 58.84 30.91 200m: 2:01.30 31.22 300m: 3:03.60 31.40 400m: 4:04.62 29.76				
34.	Lelek Mateusz	96	POLONIA Warszawa	**4:05.31**	647
	50m: 27.84 27.84 150m: 1:29.33 31.13 250m: 2:31.91 31.24 350m: 3:34.62 31.47				
	100m: 58.20 30.36 200m: 2:00.67 31.34 300m: 3:03.15 31.24 400m: 4:05.31 30.69				
35.	Młynarczyk Karol	00	G-8 Bielany Warszawa	**4:05.94**	642
	50m: 27.71 27.71 150m: 1:29.67 31.23 250m: 2:32.67 31.29 350m: 3:35.91 31.61				
	100m: 58.44 30.73 200m: 2:01.38 31.71 300m: 3:04.30 31.63 400m: 4:05.94 30.03				
36.	Bryła Kamil	99	MTP Lublinianka	**4:06.00**	642
	50m: 28.30 28.30 150m: 1:29.99 31.11 250m: 2:32.51 31.24 350m: 3:35.86 31.60				
	100m: 58.88 30.58 200m: 2:01.27 31.28 300m: 3:04.26 31.75 400m: 4:06.00 30.14				
37.	Rój Konrad SSz	98	MKP Szczecin	**4:06.11**	641
	50m: 27.53 27.53 150m: 1:28.90 31.23 250m: 2:32.07 31.63 350m: 3:35.77 31.74				
	100m: 57.67 30.14 200m: 2:00.44 31.54 300m: 3:04.03 31.96 400m: 4:06.11 30.34				
38.	Piechowiak Michał SZG	98	KORNER Zielona G.	**4:06.38**	639
	50m: 26.26 26.26 150m: 1:26.55 30.30 250m: 2:28.59 31.15 350m: 3:34.07 33.00				
	100m: 56.25 29.99 200m: 1:57.44 30.89 300m: 3:01.07 32.48 400m: 4:06.38 32.31				
39.	Urbański Michał	97	Piętnastka Bydgoszcz	**4:07.54**	630
	50m: 27.59 27.59 150m: 1:29.75 31.59 250m: 2:32.53 31.62 350m: 3:36.65 31.99				
	100m: 58.16 30.57 200m: 2:00.91 31.16 300m: 3:04.66 32.13 400m: 4:07.54 30.89				
40.	Dobrzyński Tomasz SWwa	98	G-8 Bielany Warszawa	**4:07.96**	627
	50m: 27.50 27.50 150m: 1:30.06 31.20 250m: 2:33.03 31.04 350m: 3:36.53 31.81				
	100m: 58.86 31.36 200m: 2:01.99 31.93 300m: 3:04.72 31.69 400m: 4:07.96 31.43				
41.	Sumara Beniamin	99	MOS Dąbrowa Grn	**4:09.99**	612
	50m: 28.17 28.17 150m: 1:30.37 31.49 250m: 2:33.58 31.39 350m: 3:37.65 32.12				
	100m: 58.88 30.71 200m: 2:02.19 31.82 300m: 3:05.53 31.95 400m: 4:09.99 32.34				
42.	Wertepny Damian	96	Shark Rudna	**4:10.93**	605
	50m: 27.99 27.99 150m: 1:30.16 31.57 250m: 2:34.24 32.24 350m: 3:38.91 32.64				
	100m: 58.59 30.60 200m: 2:02.00 31.84 300m: 3:06.27 32.03 400m: 4:10.93 32.02				
43.	Sternak Piotr	98	MZOS Płock	**4:11.10**	603
	50m: 28.46 28.46 150m: 1:30.40 31.45 250m: 2:34.15 31.83 350m: 3:39.64 32.84				
	100m: 58.95 30.49 200m: 2:02.32 31.92 300m: 3:06.80 32.65 400m: 4:11.10 31.46				
44.	Kowalski Patryk SOc	97	UNIA Busko-Zdrój	**4:11.77**	599
	50m: 29.15 29.15 150m: 1:32.80 31.88 250m: 2:36.64 31.62 350m: 3:40.59 31.76				
	100m: 1:00.92 31.77 200m: 2:05.02 32.22 300m: 3:08.83 32.19 400m: 4:11.77 31.18				
45.	Michta Kacper	00	KS KSZO Ostrowiec	**4:12.40**	594
	50m: 29.43 29.43 150m: 1:33.40 32.36 250m: 2:37.74 32.02 350m: 3:42.07 31.60				
	100m: 1:01.04 31.61 200m: 2:05.72 32.32 300m: 3:10.47 32.73 400m: 4:12.40 30.33				
46.	Jarocha Oskar	00	KS KSZO Ostrowiec	**4:13.91**	584
	50m: 28.83 28.83 150m: 1:33.77 33.13 250m: 2:38.88 31.95 350m: 3:42.84 31.56				
	100m: 1:00.64 31.81 200m: 2:06.93 33.16 300m: 3:11.28 32.40 400m: 4:13.91 31.07				
47.	Frączek Paweł	98	MKP Gdańsk	**4:14.82**	577
	50m: 29.62 29.62 150m: 1:33.64 31.98 250m: 2:38.25 32.05 350m: 3:43.12 32.52				
	100m: 1:01.66 32.04 200m: 2:06.20 32.56 300m: 3:10.60 32.35 400m: 4:14.82 31.70				
48.	Trześniewski Kacper	99	G-8 Bielany Warszawa	**4:14.86**	577
	50m: 28.32 28.32 150m: 1:32.13 32.55 250m: 2:38.14 32.89 350m: 3:43.82 32.43				
	100m: 59.58 31.26 200m: 2:05.25 33.12 300m: 3:11.39 33.25 400m: 4:14.86 31.04				
49.	Zawadzki Szymon	99	Juvenia Białystok	**4:15.64**	572
	50m: 28.23 28.23 150m: 1:31.30 32.28 250m: 2:38.07 33.55 350m: 3:45.48 34.14				
	100m: 59.02 30.79 200m: 2:04.52 33.22 300m: 3:11.34 33.27 400m: 4:15.64 30.16				

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Pozycja		Rok ur.		Czas	Pkt.
50.	Piszczorowicz Bartosz	99	Dziewiątka Kalisz	**4:15.70**	571
	50m: 27.70 27.70 150m: 1:31.21 32.70 250m: 2:38.48 34.08 350m: 3:45.94 33.77				
	100m: 58.51 30.81 200m: 2:04.40 33.19 300m: 3:12.17 33.69 400m: 4:15.70 29.76				
51.	Dulski Piotr	96	KS Posnania	**4:15.88**	570
	50m: 28.75 28.75 150m: 1:32.28 32.26 250m: 2:37.86 32.69 350m: 3:43.53 32.85				
	100m: 1:00.02 31.27 200m: 2:05.17 32.89 300m: 3:10.68 32.82 400m: 4:15.88 32.35				
52.	Domański Kamil	00	Olimpijczyk Aleksandrów	**4:15.97**	570
	50m: 28.31 28.31 150m: 1:31.74 32.33 250m: 2:37.81 33.21 350m: 3:44.40 33.14				
	100m: 59.41 31.10 200m: 2:04.60 32.86 300m: 3:11.26 33.45 400m: 4:15.97 31.57				
53.	Russek Filip	94	Żoliborz W-wa	**4:16.52**	566
	50m: 29.67 29.67 150m: 1:33.99 32.17 250m: 2:39.42 32.77 350m: 3:44.83 32.70				
	100m: 1:01.82 32.15 200m: 2:06.65 32.66 300m: 3:12.13 32.71 400m: 4:16.52 31.69				
54.	Michalak Piotr	96	Jagiellonka Warszawa	**4:16.82**	564
	50m: 29.00 29.00 150m: 1:33.56 32.20 250m: 2:38.47 32.13 350m: 3:44.40 33.15				
	100m: 1:01.36 32.36 200m: 2:06.34 32.78 300m: 3:11.25 32.78 400m: 4:16.82 32.42				
55.	Kubiak Bartłomiej	99	Dziewiątka Kalisz	**4:18.42**	554
	50m: 28.32 28.32 150m: 1:32.41 32.61 250m: 2:38.85 33.28 350m: 3:45.85 33.82				
	100m: 59.80 31.48 200m: 2:05.57 33.16 300m: 3:12.03 33.18 400m: 4:18.42 32.57				
56.	Pawlaczyk Patryk	00	UKS 190 Łódź	**4:18.90**	550
	50m: 29.46 29.46 150m: 1:35.59 33.23 250m: 2:41.60 32.89 350m: 3:48.20 33.45				
	100m: 1:02.36 32.90 200m: 2:08.71 33.12 300m: 3:14.75 33.15 400m: 4:18.90 30.70				
57.	Klimczuk Karol	97	AZS AWFiS Gdańsk	**4:19.24**	548
	50m: 28.64 28.64 150m: 1:34.88 33.44 250m: 2:40.98 33.27 350m: 3:47.10 33.06				
	100m: 1:01.44 32.80 200m: 2:07.71 32.83 300m: 3:14.04 33.06 400m: 4:19.24 32.14				
58.	Fiks Krzysztof	00	UKS 190 Łódź	**4:20.15**	543
	50m: 29.75 29.75 150m: 1:35.63 33.13 250m: 2:42.68 33.53 350m: 3:49.18 32.99				
	100m: 1:02.50 32.75 200m: 2:09.15 33.52 300m: 3:16.19 33.51 400m: 4:20.15 30.97				
59.	Wachnik Jakub	98	Pirania Targówek	**4:22.22**	530
	50m: 29.50 29.50 150m: 1:35.88 33.49 250m: 2:43.13 33.32 350m: 3:50.19 33.64				
	100m: 1:02.39 32.89 200m: 2:09.81 33.93 300m: 3:16.55 33.42 400m: 4:22.22 32.03				
60.	Woźniak Maciej	00	UKS 190 Łódź	**4:29.61**	487
	50m: 29.30 29.30 150m: 1:36.35 33.92 250m: 2:45.70 34.62 350m: 3:54.84 34.32				
	100m: 1:02.43 33.13 200m: 2:11.08 34.73 300m: 3:20.52 34.82 400m: 4:29.61 34.77				
61.	Czurczak Jakub	99	Sokół Rzeszów	**4:31.55**	477
	50m: 29.39 29.39 150m: 1:36.32 34.07 250m: 2:47.14 35.67 350m: 3:58.35 35.53				
	100m: 1:02.25 32.86 200m: 2:11.47 35.15 300m: 3:22.82 35.68 400m: 4:31.55 33.20				
62.	Bartkowski Jakub	00	KS KSZO Ostrowiec	**4:32.47**	472
	50m: 30.10 30.10 150m: 1:38.17 34.80 250m: 2:47.96 34.95 350m: 3:58.68 34.81				
	100m: 1:03.37 33.27 200m: 2:13.01 34.84 300m: 3:23.87 35.91 400m: 4:32.47 33.79				
63.	Sędłak Wiktor	99	ORKA Zamość	**4:33.89**	465
	50m: 30.44 30.44 150m: 1:38.08 34.35 250m: 2:48.62 35.17 350m: 3:59.28 35.42				
	100m: 1:03.73 33.29 200m: 2:13.45 35.37 300m: 3:23.86 35.24 400m: 4:33.89 34.61				