Konkurencja 22 | Kobiet, 400m dowolny | Open
19-12-2014 - 17:00 | Wyniki Finał

Rek Polski Seniorów	4:05.77	Barzycka Paulina	AZWAR	Gorzów Wlkp.	26-11-2005
Rek Polski Jun.18-lat	4:08.04	Kilijańska Donata	KSOST	Poznań	17-12-2011
Rek Polski Jun.17-lat	4:08.04	Kilijańska Donata	KSOST	Poznań	17-12-2011
Rek Polski Jun.16-lat	4:08.04	Kilijańska Donata	KSOST	Poznań	17-12-2011
Rek Polski Jun.15-lat	4:11.12	Kilijańska Donata	KSOST	Łódź	21-11-2010
Rek Polski Jun.14-lat	4:16.92	Kilijańska Donata	KSOST	Gorzów Wlkp.	29-11-2009

Punkty: FINA 2014

Pozycja		Rok ur.		Czas	Pkt.

Finał A

1. Czerniak Monika — 92 — AZS UWM Olsztyn — **4:07.59** — 849

50m:	29.28	29.28	150m:	1:32.57	31.89	250m:	2:35.13	31.40	350m:	3:37.70	31.15
100m:	1:00.68	31.40	200m:	2:03.73	31.16	300m:	3:06.55	31.42	400m:	4:07.59	29.89

2. Burska Justyna — 95 — Piątka Konstantynów Łódzki — **4:08.52** — 840

50m:	29.81	29.81	150m:	1:33.41	31.87	250m:	2:36.58	31.27	350m:	3:38.51	30.83
100m:	1:01.54	31.73	200m:	2:05.31	31.90	300m:	3:07.68	31.10	400m:	4:08.52	30.01

3. Karpisz Milena — 97 — Piątka Konstantynów Łódzki — **4:08.71** — 838

50m:	29.60	29.60	150m:	1:33.10	31.90	250m:	2:36.30	31.33	350m:	3:38.63	30.84
100m:	1:01.20	31.60	200m:	2:04.97	31.87	300m:	3:07.79	31.49	400m:	4:08.71	30.08

4. Piechota Paulina — 99 — UKS 190 Łódź — **4:13.74** — 789

50m:	29.70	29.70	150m:	1:33.60	32.08	250m:	2:37.42	31.84	350m:	3:42.33	32.64
100m:	1:01.52	31.82	200m:	2:05.58	31.98	300m:	3:09.69	32.27	400m:	4:13.74	31.41

5. Kunka Kamila SO — 96 — UNIA Oświęcim — **4:14.32** — 784

50m:	29.10	29.10	150m:	1:33.64	32.54	250m:	2:38.36	32.07	350m:	3:43.30	32.31
100m:	1:01.10	32.00	200m:	2:06.29	32.65	300m:	3:10.99	32.63	400m:	4:14.32	31.02

6. Zachoszcz Joanna — 93 — AZS UWM Olsztyn — **4:14.76** — 780

50m:	29.55	29.55	150m:	1:32.62	31.95	250m:	2:36.65	32.10	350m:	3:42.06	32.98
100m:	1:00.67	31.12	200m:	2:04.55	31.93	300m:	3:09.08	32.43	400m:	4:14.76	32.70

7. Wikieł Manuela — 92 — AZS UWM Olsztyn — **4:15.67** — 771

50m:	30.57	30.57	150m:	1:33.99	31.72	250m:	2:38.27	32.08	350m:	3:43.62	32.86
100m:	1:02.27	31.70	200m:	2:06.19	32.20	300m:	3:10.76	32.49	400m:	4:15.67	32.05

8. Nowak Julia — 97 — ŚLĄSK Wrocław — **4:18.08** — 750

50m:	29.18	29.18	150m:	1:33.81	32.29	250m:	2:39.05	32.58	350m:	3:45.72	33.44
100m:	1:01.52	32.34	200m:	2:06.47	32.66	300m:	3:12.28	33.23	400m:	4:18.08	32.36

9. Borkowska Lucyna SZG — 97 — SAMBOR Tczew — **4:19.47** — 738

50m:	30.96	30.96	150m:	1:35.33	32.30	250m:	2:40.48	32.67	350m:	3:46.71	33.23
100m:	1:03.03	32.07	200m:	2:07.81	32.48	300m:	3:13.48	33.00	400m:	4:19.47	32.76

10. Tchórz Alicja — 92 — JUVENIA Wrocław — **4:38.31** — 598

50m:	28.73	28.73	150m:	1:34.63	33.51	250m:	2:47.07	36.41	350m:	4:01.82	37.43
100m:	1:01.12	32.39	200m:	2:10.66	36.03	300m:	3:24.39	37.32	400m:	4:38.31	36.49

Finał B

11. Kasperek Katarzyna Ssz — 96 — MKP Szczecin — **4:15.85** — 770

50m:	29.47	29.47	150m:	1:33.98	32.68	250m:	2:39.91	33.09	350m:	3:44.84	32.51
100m:	1:01.30	31.83	200m:	2:06.82	32.84	300m:	3:12.33	32.42	400m:	4:15.85	31.01

12. Adamczyk Julia — 99 — MTP Lublinianka — **4:21.39** — 722

50m:	29.58	29.58	150m:	1:34.78	32.91	250m:	2:41.65	33.39	350m:	3:48.62	33.46
100m:	1:01.87	32.29	200m:	2:08.26	33.48	300m:	3:15.16	33.51	400m:	4:21.39	32.77

13. Wojciechowska Joanna — 98 — Orlik Lublin — **4:25.82** — 686

50m:	30.15	30.15	150m:	1:36.28	33.37	250m:	2:43.85	33.86	350m:	3:52.81	34.51
100m:	1:02.91	32.76	200m:	2:09.99	33.71	300m:	3:18.30	34.45	400m:	4:25.82	33.01

14. Bakuniak Hanna SSz — 96 — MKP Szczecin — **4:26.51** — 681

50m:	30.50	30.50	150m:	1:37.26	33.75	250m:	2:45.29	33.74	350m:	3:53.99	34.46
100m:	1:03.51	33.01	200m:	2:11.55	34.29	300m:	3:19.53	34.24	400m:	4:26.51	32.52

Konkurencja 22, Kobiet, 400m dowolny, Finał, Open

Pozycja		Rok ur.		Czas	Pkt.
15.	Pożarowszczyk Beata	91	JUVENIA Wrocław	**4:26.73**	679
	50m: 30.59 30.59 150m: 1:37.97 34.01 250m: 2:46.37 34.11 350m: 3:54.24 33.79				
	100m: 1:03.96 33.37 200m: 2:12.26 34.29 300m: 3:20.45 34.08 400m: 4:26.73 32.49				
16.	Baryła Julia	00	Morena Gdańsk	**4:27.06**	677
	50m: 30.27 30.27 150m: 1:37.58 34.17 250m: 2:46.26 34.01 350m: 3:54.10 33.94				
	100m: 1:03.41 33.14 200m: 2:12.25 34.67 300m: 3:20.16 33.90 400m: 4:27.06 32.96				
17.	Reks Aleksandra	00	G-8 Bielany Warszawa	**4:28.05**	669
	50m: 30.49 30.49 150m: 1:37.35 33.56 250m: 2:45.92 34.18 350m: 3:54.71 34.35				
	100m: 1:03.79 33.30 200m: 2:11.74 34.39 300m: 3:20.36 34.44 400m: 4:28.05 33.34				
18.	Rogowska Paulina	98	SALOS Cortile Kielce	**4:30.18**	654
	50m: 30.08 30.08 150m: 1:37.44 34.32 250m: 2:45.77 34.29 350m: 3:55.88 35.19				
	100m: 1:03.12 33.04 200m: 2:11.48 34.04 300m: 3:20.69 34.92 400m: 4:30.18 34.30				
19.	Teresko Anna	97	MOS Dąbrowa Grn	**4:33.99**	627
	50m: 31.35 31.35 150m: 1:39.10 34.24 250m: 2:47.91 34.48 350m: 3:58.60 35.48				
	100m: 1:04.86 33.51 200m: 2:13.43 34.33 300m: 3:23.12 35.21 400m: 4:33.99 35.39				
20.	Gawlicka Maja SZG	98	KORNER Zielona G.	**4:35.89**	614
	50m: 30.48 30.48 150m: 1:39.70 35.27 250m: 2:50.37 35.04 350m: 4:01.86 35.87				
	100m: 1:04.43 33.95 200m: 2:15.33 35.63 300m: 3:25.99 35.62 400m: 4:35.89 34.03				