Konkurencja 40 | Kobiet, 400m zmienny | Open
21-12-2014 - 9:30 | Wyniki Eliminacje

Rek Polski Seniorów	4:31.89	Baranowska Katarzyna	MKSZC	Debrecen (HUN)	16-12-2007
Rek Polski Jun.18-lat	4:33.70	Baranowska Katarzyna	MKSZC	Trieste (ITA)	11-12-2005
Rek Polski Jun.17-lat	4:38.72	Szczepaniak Karolina	AZWAR	Gorzów Wlkp.	29-11-2009
Rek Polski Jun.16-lat	4:42.49	Jędrzejczak Otylia	PAKAT	Spała	01-12-1999
Rek Polski Jun.15-lat	4:45.72	Szpucha Katarzyna	OLALE	Ciechanów	11-03-2011
Rek Polski Jun.14-lat	4:53.86	Sieńczyk Jowita	ZABIA	Poznań	18-12-2011

Punkty: FINA 2014

Pozycja			Rok ur.			Czas	Pkt.	
1.	Tchórz Alicja		92	JUVENIA Wrocław		**4:53.63**	701	A
	50m: 29.97	29.97	150m: 1:42.67	37.57	250m: 3:01.78	41.49	350m: 4:18.40	35.09
	100m: 1:05.10	35.13	200m: 2:20.29	37.62	300m: 3:43.31	41.53	400m: 4:53.63	35.23
2.	Piechota Paulina		99	UKS 190 Łódź		**4:54.29**	696	A
	50m: 31.55	31.55	150m: 1:45.15	37.80	250m: 3:03.57	42.31	350m: 4:20.41	34.32
	100m: 1:07.35	35.80	200m: 2:21.26	36.11	300m: 3:46.09	42.52	400m: 4:54.29	33.88
3.	Sieńczyk Jowita SK		97	ŻAK Biała Podlaska		**4:55.03**	691	A
	50m: 30.95	30.95	150m: 1:44.13	37.36	250m: 3:03.78	42.51	350m: 4:20.77	35.16
	100m: 1:06.77	35.82	200m: 2:21.27	37.14	300m: 3:45.61	41.83	400m: 4:55.03	34.26
4.	Sproska Magdalena SK		97	ZRYW Opole		**4:55.54**	687	A
	50m: 31.53	31.53	150m: 1:45.28	38.07	250m: 3:04.99	42.60	350m: 4:22.63	34.12
	100m: 1:07.21	35.68	200m: 2:22.39	37.11	300m: 3:48.51	43.52	400m: 4:55.54	32.91
5.	Adamczyk Julia		99	MTP Lublinianka		**4:56.12**	683	A
	50m: 32.05	32.05	150m: 1:46.27	37.20	250m: 3:06.46	43.60	350m: 4:22.94	34.77
	100m: 1:09.07	37.02	200m: 2:22.86	36.59	300m: 3:48.17	41.71	400m: 4:56.12	33.18
6.	Zbrojewska Michalina SSz		96	Piątka Konstantynów Łódzki		**4:56.17**	683	A
	50m: 31.47	31.47	150m: 1:46.52	38.72	250m: 3:04.63	39.85	350m: 4:21.82	36.09
	100m: 1:07.80	36.33	200m: 2:24.78	38.26	300m: 3:45.73	41.10	400m: 4:56.17	34.35
7.	Szpucha Katarzyna		96	TRÓJKA Łódź		**4:56.48**	681	A SKR
	50m: 32.23	32.23	150m: 1:45.84	38.22	250m: 3:04.26	41.51	350m: 4:22.37	35.87
	100m: 1:07.62	35.39	200m: 2:22.75	36.91	300m: 3:46.50	42.24	400m: 4:56.48	34.11
8.	Musioł Wiktoria SO		98	UNIA Oświęcim		**4:59.51**	660	A
	50m: 31.64	31.64	150m: 1:45.42	38.00	250m: 3:06.39	42.33	350m: 4:25.80	35.10
	100m: 1:07.42	35.78	200m: 2:24.06	38.64	300m: 3:50.70	44.31	400m: 4:59.51	33.71
9.	Okaj Oliwia		96	ŚLĄSK Wrocław		**5:04.61**	627	A
	50m: 31.82	31.82	150m: 1:46.35	38.05	250m: 3:07.89	44.09	350m: 4:29.05	36.77
	100m: 1:08.30	36.48	200m: 2:23.80	37.45	300m: 3:52.28	44.39	400m: 5:04.61	35.56
10.	Nieszporek Wiktoria		99	UKS 190 Łódź		**5:05.18**	624	A SKR
	50m: 33.73	33.73	150m: 1:52.30	39.65	250m: 3:12.89	41.34	350m: 4:30.73	35.90
	100m: 1:12.65	38.92	200m: 2:31.55	39.25	300m: 3:54.83	41.94	400m: 5:05.18	34.45
11.	Sajecka Zofia		98	Gim-92 Ursynów W-wa		**5:07.25**	611	B
	50m: 32.40	32.40	150m: 1:48.13	38.17	250m: 3:10.15	44.48	350m: 4:31.08	36.25
	100m: 1:09.96	37.56	200m: 2:25.67	37.54	300m: 3:54.83	44.68	400m: 5:07.25	36.17
12.	Giedzicz Katarzyna		98	Juvenia Białystok		**5:08.62**	603	B
	50m: 32.79	32.79	150m: 1:50.65	40.41	250m: 3:13.58	43.53	350m: 4:33.71	36.20
	100m: 1:10.24	37.45	200m: 2:30.05	39.40	300m: 3:57.51	43.93	400m: 5:08.62	34.91
13.	Mendyk Adrianna SO		98	Wodnik Radom		**5:09.47**	598	B
	50m: 32.22	32.22	150m: 1:48.00	37.87	250m: 3:11.03	44.30	350m: 4:33.79	36.12
	100m: 1:10.13	37.91	200m: 2:26.73	38.73	300m: 3:57.67	46.64	400m: 5:09.47	35.68
14.	Prochownik Olimpia SO		99	UNIA Oświęcim		**5:10.02**	595	B
	50m: 33.01	33.01	150m: 1:51.20	39.83	250m: 3:14.53	41.67	350m: 4:34.72	36.66
	100m: 1:11.37	38.36	200m: 2:32.86	41.66	300m: 3:58.06	43.53	400m: 5:10.02	35.30
15.	Teresko Anna		97	MOS Dąbrowa Grn		**5:10.90**	590	B
	50m: 33.11	33.11	150m: 1:51.24	39.71	250m: 3:14.63	44.32	350m: 4:36.42	36.21
	100m: 1:11.53	38.42	200m: 2:30.31	39.07	300m: 4:00.21	45.58	400m: 5:10.90	34.48

Konkurencja 40, Kobiet, 400m zmienny, Eliminacje, Open

Pozycja		Rok ur.		Czas	Pkt.	
16.	Filipek Jagoda	99	ŚLĄSK Wrocław	**5:11.31**	588	B
	50m: 32.92 32.92 150m: 1:52.54 41.03 250m: 3:15.73 43.25 350m: 4:36.26 35.75					
	100m: 1:11.51 38.59 200m: 2:32.48 39.94 300m: 4:00.51 44.78 400m: 5:11.31 35.05					
17.	Gotowska Weronika	00	G-8 Bielany Warszawa	**5:12.56**	581	B
	50m: 33.44 33.44 150m: 1:50.28 39.70 250m: 3:15.50 46.09 350m: 4:37.65 35.26					
	100m: 1:10.58 37.14 200m: 2:29.41 39.13 300m: 4:02.39 46.89 400m: 5:12.56 34.91					
18.	Redner Sandra	99	TRÓJKA Łódź	**5:13.52**	575	B SKR
	50m: 32.15 32.15 150m: 1:50.65 39.35 250m: 3:13.90 44.38 350m: 4:36.81 37.88					
	100m: 1:11.30 39.15 200m: 2:29.52 38.87 300m: 3:58.93 45.03 400m: 5:13.52 36.71					
19.	Śliwińska Marta	97	MOS Dąbrowa Grn	**5:14.28**	571	B
	50m: 32.18 32.18 150m: 1:50.52 41.14 250m: 3:16.81 46.17 350m: 4:39.26 35.86					
	100m: 1:09.38 37.20 200m: 2:30.64 40.12 300m: 4:03.40 46.59 400m: 5:14.28 35.02					
20.	Iwanowska Alexandra	00	JUVENIA Wrocław	**5:15.30**	566	B
	50m: 33.68 33.68 150m: 1:57.54 40.61 250m: 3:20.34 41.81 350m: 4:39.65 35.74					
	100m: 1:16.93 43.25 200m: 2:38.53 40.99 300m: 4:03.91 43.57 400m: 5:15.30 35.65					
21.	Urbańska Karolina	92	AZS AWF Warszawa	**5:15.67**	564	R
	50m: 34.04 34.04 150m: 1:53.81 40.12 250m: 3:17.42 44.32 350m: 4:39.52 37.32					
	100m: 1:13.69 39.65 200m: 2:33.10 39.29 300m: 4:02.20 44.78 400m: 5:15.67 36.15					
22.	Tomoń Martyna	00	KS KSZO Ostrowiec	**5:17.42**	554	R
	50m: 34.15 34.15 150m: 1:53.77 42.41 250m: 3:20.49 45.12 350m: 4:42.47 36.35					
	100m: 1:11.36 37.21 200m: 2:35.37 41.60 300m: 4:06.12 45.63 400m: 5:17.42 34.95					
23.	Bachanek Julia	99	BUKS Warszawa	**5:18.84**	547	SKR
	50m: 31.99 31.99 150m: 1:50.60 40.96 250m: 3:17.57 45.70 350m: 4:42.50 38.19					
	100m: 1:09.64 37.65 200m: 2:31.87 41.27 300m: 4:04.31 46.74 400m: 5:18.84 36.34					
24.	Kruszewska Kaja	00	Juvenia Białystok	**5:19.72**	543	
	50m: 34.49 34.49 150m: 1:55.06 42.33 250m: 3:20.81 44.45 350m: 4:44.71 38.25					
	100m: 1:12.73 38.24 200m: 2:36.36 41.30 300m: 4:06.46 45.65 400m: 5:19.72 35.01					
25.	Zarychta Anita	98	Barakuda Starachowice	**5:22.95**	526	
	50m: 33.16 33.16 150m: 1:54.46 43.27 250m: 3:21.96 44.66 350m: 4:46.40 38.12					
	100m: 1:11.19 38.03 200m: 2:37.30 42.84 300m: 4:08.28 46.32 400m: 5:22.95 36.55					
26.	Sroczyńska Paula	98	Bobry Dębica	**5:27.83**	503	
	50m: 35.45 35.45 150m: 1:59.76 42.74 250m: 3:28.06 45.34 350m: 4:51.41 37.50					
	100m: 1:17.02 41.57 200m: 2:42.72 42.96 300m: 4:13.91 45.85 400m: 5:27.83 36.42					
27.	Błuś Barbara Bożena	98	Olimpijczyk Suwałki	**5:29.03**	498	
	50m: 34.28 34.28 150m: 1:58.22 41.54 250m: 3:24.46 45.15 350m: 4:50.18 39.72					
	100m: 1:16.68 42.40 200m: 2:39.31 41.09 300m: 4:10.46 46.00 400m: 5:29.03 38.85					
28.	Bartczak Julia	00	DELFIN Łódź	**5:30.69**	490	
	50m: 32.45 32.45 150m: 1:54.27 43.12 250m: 3:22.65 46.04 350m: 4:51.72 40.63					
	100m: 1:11.15 38.70 200m: 2:36.61 42.34 300m: 4:11.09 48.44 400m: 5:30.69 38.97					
29.	Łosak Wiktoria SK	98	KS KSZO Ostrowiec	**5:39.48**	453	
	50m: 35.93 35.93 150m: 2:00.26 42.89 250m: 3:31.75 48.37 350m: 5:01.21 39.20					
	100m: 1:17.37 41.44 200m: 2:43.38 43.12 300m: 4:22.01 50.26 400m: 5:39.48 38.27					