Event 40 | Women, 400m Medley | Open
21-12-2014 - 9:30 | Results Prelim

Rek Polski Seniorów	4:31.89	Baranowska Katarzyna	MKSZC	Debrecen (HUN)	16-12-2007
Rek Polski Jun.18-lat	4:33.70	Baranowska Katarzyna	MKSZC	Trieste (ITA)	11-12-2005
Rek Polski Jun.17-lat	4:38.72	Szczepaniak Karolina	AZWAR	Gorzów Wlkp.	29-11-2009
Rek Polski Jun.16-lat	4:42.49	Jędrzejczak Otylia	PAKAT	Spała	01-12-1999
Rek Polski Jun.15-lat	4:45.72	Szpucha Katarzyna	OLALE	Ciechanów	11-03-2011
Rek Polski Jun.14-lat	4:53.86	Sieńczyk Jowita	ZABIA	Poznań	18-12-2011

Points: FINA 2014

Rank		YB		Time	Pts	
1.	Tchorz Alicja	92	JUVENIA Wroclaw	**4:53.63**	701	A
	50m: 29.97 29.97 150m: 1:42.67 37.57 250m: 3:01.78 41.49 350m: 4:18.40 35.09					
	100m: 1:05.10 35.13 200m: 2:20.29 37.62 300m: 3:43.31 41.53 400m: 4:53.63 35.23					
2.	Piechota Paulina	99	UKS 190 Lodz	**4:54.29**	696	A
	50m: 31.55 31.55 150m: 1:45.15 37.80 250m: 3:03.57 42.31 350m: 4:20.41 34.32					
	100m: 1:07.35 35.80 200m: 2:21.26 36.11 300m: 3:46.09 42.52 400m: 4:54.29 33.88					
3.	Sienczyk Jowita	97	ZAK Biala Podlaska	**4:55.03**	691	A
	50m: 30.95 30.95 150m: 1:44.13 37.36 250m: 3:03.78 42.51 350m: 4:20.77 35.16					
	100m: 1:06.77 35.82 200m: 2:21.27 37.14 300m: 3:45.61 41.83 400m: 4:55.03 34.26					
4.	Sproska Magdalena	97	ZRYW Opole	**4:55.54**	687	A
	50m: 31.53 31.53 150m: 1:45.28 38.07 250m: 3:04.99 42.60 350m: 4:22.63 34.12					
	100m: 1:07.21 35.68 200m: 2:22.39 37.11 300m: 3:48.51 43.52 400m: 4:55.54 32.91					
5.	Adamczyk Julia	99	MTP Lublinianka	**4:56.12**	683	A
	50m: 32.05 32.05 150m: 1:46.27 37.20 250m: 3:06.46 43.60 350m: 4:22.94 34.77					
	100m: 1:09.07 37.02 200m: 2:22.86 36.59 300m: 3:48.17 41.71 400m: 4:56.12 33.18					
6.	Zbrojewska Michalina SSz	96	Piatka Konstantynow Lodzki	**4:56.17**	683	A
	50m: 31.47 31.47 150m: 1:46.52 38.72 250m: 3:04.63 39.85 350m: 4:21.82 36.09					
	100m: 1:07.80 36.33 200m: 2:24.78 38.26 300m: 3:45.73 41.10 400m: 4:56.17 34.35					
7.	Szpucha Katarzyna	96	TROJKA Lodz	**4:56.48**	681	A SKR
	50m: 32.23 32.23 150m: 1:45.84 38.22 250m: 3:04.26 41.51 350m: 4:22.37 35.87					
	100m: 1:07.62 35.39 200m: 2:22.75 36.91 300m: 3:46.50 42.24 400m: 4:56.48 34.11					
8.	Musiol Wiktoria SO	98	UNIA Oswiecim	**4:59.51**	660	A
	50m: 31.64 31.64 150m: 1:45.42 38.00 250m: 3:06.39 42.33 350m: 4:25.80 35.10					
	100m: 1:07.42 35.78 200m: 2:24.06 38.64 300m: 3:50.70 44.31 400m: 4:59.51 33.71					
9.	Okaj Oliwia	96	SLASK Wroclaw	**5:04.61**	627	A
	50m: 31.82 31.82 150m: 1:46.35 38.05 250m: 3:07.89 44.09 350m: 4:29.05 36.77					
	100m: 1:08.30 36.48 200m: 2:23.80 37.45 300m: 3:52.28 44.39 400m: 5:04.61 35.56					
10.	Nieszporek Wiktoria	99	UKS 190 Lodz	**5:05.18**	624	A SKR
	50m: 33.73 33.73 150m: 1:52.30 39.65 250m: 3:12.89 41.34 350m: 4:30.73 35.90					
	100m: 1:12.65 38.92 200m: 2:31.55 39.25 300m: 3:54.83 41.94 400m: 5:05.18 34.45					
11.	Sajecka Zofia	98	Gim-92 Ursynow W-wa	**5:07.25**	611	B
	50m: 32.40 32.40 150m: 1:48.13 38.17 250m: 3:10.15 44.48 350m: 4:31.08 36.25					
	100m: 1:09.96 37.56 200m: 2:25.67 37.54 300m: 3:54.83 44.68 400m: 5:07.25 36.17					
12.	Giedzicz Katarzyna	98	Juvenia Bialystok	**5:08.62**	603	B
	50m: 32.79 32.79 150m: 1:50.65 40.41 250m: 3:13.58 43.53 350m: 4:33.71 36.20					
	100m: 1:10.24 37.45 200m: 2:30.05 39.40 300m: 3:57.51 43.93 400m: 5:08.62 34.91					
13.	Mendyk Adrianna SO	98	Wodnik Radom	**5:09.47**	598	B
	50m: 32.22 32.22 150m: 1:48.00 37.87 250m: 3:11.03 44.30 350m: 4:33.79 36.12					
	100m: 1:10.13 37.91 200m: 2:26.73 38.73 300m: 3:57.67 46.64 400m: 5:09.47 35.68					
14.	Prochownik Olimpia SO	99	UNIA Oswiecim	**5:10.02**	595	B
	50m: 33.01 33.01 150m: 1:51.20 39.83 250m: 3:14.53 41.67 350m: 4:34.72 36.66					
	100m: 1:11.37 38.36 200m: 2:32.86 41.66 300m: 3:58.06 43.53 400m: 5:10.02 35.30					
15.	Teresko Anna	97	MOS Dabrowa Grn	**5:10.90**	590	B
	50m: 33.11 33.11 150m: 1:51.24 39.71 250m: 3:14.63 44.32 350m: 4:36.42 36.21					
	100m: 1:11.53 38.42 200m: 2:30.31 39.07 300m: 4:00.21 45.58 400m: 5:10.90 34.48					

Event 40, Women, 400m Medley, Prelim, Open

Rank		YB		Time	Pts	
16.	Filipek Jagoda	99	SLASK Wroclaw	**5:11.31**	588	B
	50m: 32.92 32.92 150m: 1:52.54 41.03 250m: 3:15.73 43.25 350m: 4:36.26 35.75					
	100m: 1:11.51 38.59 200m: 2:32.48 39.94 300m: 4:00.51 44.78 400m: 5:11.31 35.05					
17.	Gotowska Weronika	00	G-8 Bielany Warszawa	**5:12.56**	581	B
	50m: 33.44 33.44 150m: 1:50.28 39.70 250m: 3:15.50 46.09 350m: 4:37.65 35.26					
	100m: 1:10.58 37.14 200m: 2:29.41 39.13 300m: 4:02.39 46.89 400m: 5:12.56 34.91					
18.	Redner Sandra	99	TROJKA Lodz	**5:13.52**	575	B SKR
	50m: 32.15 32.15 150m: 1:50.65 39.35 250m: 3:13.90 44.38 350m: 4:36.81 37.88					
	100m: 1:11.30 39.15 200m: 2:29.52 38.87 300m: 3:58.93 45.03 400m: 5:13.52 36.71					
19.	Sliwinska Marta	97	MOS Dabrowa Grn	**5:14.28**	571	B
	50m: 32.18 32.18 150m: 1:50.52 41.14 250m: 3:16.81 46.17 350m: 4:39.26 35.86					
	100m: 1:09.38 37.20 200m: 2:30.64 40.12 300m: 4:03.40 46.59 400m: 5:14.28 35.02					
20.	Iwanowska Alexandra	00	JUVENIA Wroclaw	**5:15.30**	566	B
	50m: 33.68 33.68 150m: 1:57.54 40.61 250m: 3:20.34 41.81 350m: 4:39.65 35.74					
	100m: 1:16.93 43.25 200m: 2:38.53 40.99 300m: 4:03.91 43.57 400m: 5:15.30 35.65					
21.	Urbanska Karolina	92	AZS AWF Warszawa	**5:15.67**	564	R
	50m: 34.04 34.04 150m: 1:53.81 40.12 250m: 3:17.42 44.32 350m: 4:39.52 37.32					
	100m: 1:13.69 39.65 200m: 2:33.10 39.29 300m: 4:02.20 44.78 400m: 5:15.67 36.15					
22.	Tomon Martyna	00	KS KSZO Ostrowiec	**5:17.42**	554	R
	50m: 34.15 34.15 150m: 1:53.77 42.41 250m: 3:20.49 45.12 350m: 4:42.47 36.35					
	100m: 1:11.36 37.21 200m: 2:35.37 41.60 300m: 4:06.12 45.63 400m: 5:17.42 34.95					
23.	Bachanek Julia	99	BUKS Warszawa	**5:18.84**	547	SKR
	50m: 31.99 31.99 150m: 1:50.60 40.96 250m: 3:17.57 45.70 350m: 4:42.50 38.19					
	100m: 1:09.64 37.65 200m: 2:31.87 41.27 300m: 4:04.31 46.74 400m: 5:18.84 36.34					
24.	Kruszewska Kaja	00	Juvenia Bialystok	**5:19.72**	543	
	50m: 34.49 34.49 150m: 1:55.06 42.33 250m: 3:20.81 44.45 350m: 4:44.71 38.25					
	100m: 1:12.73 38.24 200m: 2:36.36 41.30 300m: 4:06.46 45.65 400m: 5:19.72 35.01					
25.	Zarychta Anita	98	Barakuda Starachowice	**5:22.95**	526	
	50m: 33.16 33.16 150m: 1:54.46 43.27 250m: 3:21.96 44.66 350m: 4:46.40 38.12					
	100m: 1:11.19 38.03 200m: 2:37.30 42.84 300m: 4:08.28 46.32 400m: 5:22.95 36.55					
26.	Sroczynska Paula	98	Bobry Debica	**5:27.83**	503	
	50m: 35.45 35.45 150m: 1:59.76 42.74 250m: 3:28.06 45.34 350m: 4:51.41 37.50					
	100m: 1:17.02 41.57 200m: 2:42.72 42.96 300m: 4:13.91 45.85 400m: 5:27.83 36.42					
27.	Blus Barbara Bozena	98	Olimpijczyk Suwalki	**5:29.03**	498	
	50m: 34.28 34.28 150m: 1:58.22 41.54 250m: 3:24.46 45.15 350m: 4:50.18 39.72					
	100m: 1:16.68 42.40 200m: 2:39.31 41.09 300m: 4:10.46 46.00 400m: 5:29.03 38.85					
28.	Bartczak Julia	00	DELFIN Lodz	**5:30.69**	490	
	50m: 32.45 32.45 150m: 1:54.27 43.12 250m: 3:22.65 46.04 350m: 4:51.72 40.63					
	100m: 1:11.15 38.70 200m: 2:36.61 42.34 300m: 4:11.09 48.44 400m: 5:30.69 38.97					
29.	Losak Wiktoria	98	KS KSZO Ostrowiec	**5:39.48**	453	
	50m: 35.93 35.93 150m: 2:00.26 42.89 250m: 3:31.75 48.37 350m: 5:01.21 39.20					
	100m: 1:17.37 41.44 200m: 2:43.38 43.12 300m: 4:22.01 50.26 400m: 5:39.48 38.27					