



Mistrzostwa Polski Juniorów 16-letnich
Ostrowiec w., 13-15 lipca 2018r



Event 19
14-07-2018 - 17:26

Girls, 400m Freestyle

16 years
Results Finals

Rek Polski Seniorów	4:04.23	J drzejczak Otylia	AZWAR	Melbourne (AUS)	25-03-2007
Rek Polski Jun. 16-lat	4:12.62	ukowska Paula	ZROPO	Doha (QAT)	09-12-2009

Points: FINA 2017

Rank									Time	Pts		
Final A												
1.	Skibiak Klaudia		UKS 190 Lodz						4:22.79	728		
	50m:	31.52	31.52	150m:	1:38.08	33.42	250m:	2:44.67	33.05	350m:	3:50.56	32.99
	100m:	1:04.66	33.14	200m:	2:11.62	33.54	300m:	3:17.57	32.90	400m:	4:22.79	32.23
2.	Jaszczuk Ewa		Kormoran Olsztyn						4:25.80	704		
	50m:	31.35	31.35	150m:	1:37.43	33.22	250m:	2:44.13	33.16	350m:	3:51.90	33.80
	100m:	1:04.21	32.86	200m:	2:10.97	33.54	300m:	3:18.10	33.97	400m:	4:25.80	33.90
3.	Rajca Oliwia		UKS 190 Lodz						4:29.07	678		
	50m:	31.17	31.17	150m:	1:39.97	34.75	250m:	2:48.95	34.32	350m:	3:56.83	33.68
	100m:	1:05.22	34.05	200m:	2:14.63	34.66	300m:	3:23.15	34.20	400m:	4:29.07	32.24
4.	Miciak Agata		Słowianka Gorzow Wlkp.						4:29.51	675		
	50m:	31.11	31.11	150m:	1:38.99	33.70	250m:	2:47.76	34.06	350m:	3:56.71	34.01
	100m:	1:05.29	34.18	200m:	2:13.70	34.71	300m:	3:22.70	34.94	400m:	4:29.51	32.80
5.	Dabrowska Tatiana		UKS 190 Lodz						4:33.89	643		
	50m:	31.62	31.62	150m:	1:40.11	34.82	250m:	2:50.42	35.18	350m:	4:00.24	34.53
	100m:	1:05.29	33.67	200m:	2:15.24	35.13	300m:	3:25.71	35.29	400m:	4:33.89	33.65
6.	Gornicka Aleksandra		MKP Szczecin						4:35.37	633		
	50m:	31.66	31.66	150m:	1:40.60	34.94	250m:	2:51.30	35.55	350m:	4:01.55	34.87
	100m:	1:05.66	34.00	200m:	2:15.75	35.15	300m:	3:26.68	35.38	400m:	4:35.37	33.82
7.	Cerlich Oliwia		IKAR Mielec						4:35.56	631		
	50m:	31.18	31.18	150m:	1:38.51	33.70	250m:	2:48.96	35.16	350m:	4:00.33	35.90
	100m:	1:04.81	33.63	200m:	2:13.80	35.29	300m:	3:24.43	35.47	400m:	4:35.56	35.23
8.	Jaworska Maja		MZOS Plock						4:35.80	630		
	50m:	31.39	31.39	150m:	1:41.05	35.16	250m:	2:51.87	35.36	350m:	4:02.90	35.43
	100m:	1:05.89	34.50	200m:	2:16.51	35.46	300m:	3:27.47	35.60	400m:	4:35.80	32.90
9.	Serafin Barbara		G-8 Bielany Warszawa						4:37.31	619		
	50m:	31.74	31.74	150m:	1:41.55	35.10	250m:	2:52.79	35.73	350m:	4:03.16	34.55
	100m:	1:06.45	34.71	200m:	2:17.06	35.51	300m:	3:28.61	35.82	400m:	4:37.31	34.15
10.	Szlek Katarzyna		Olimpijczyk Aleksandrow L.						4:39.64	604		
	50m:	31.63	31.63	150m:	1:41.04	35.14	250m:	2:52.22	35.56	350m:	4:04.54	36.37
	100m:	1:05.90	34.27	200m:	2:16.66	35.62	300m:	3:28.17	35.95	400m:	4:39.64	35.10
Final B												
11.	Skarwecka Wiktoria		UNIA Oswiecim						4:37.35	619		
	50m:	31.98	31.98	150m:	1:41.91	35.46	250m:	2:52.69	35.43	350m:	4:03.42	35.18
	100m:	1:06.45	34.47	200m:	2:17.26	35.35	300m:	3:28.24	35.55	400m:	4:37.35	33.93
12.	Sroda Dominika		MKP Szczecin						4:37.37	619		
	50m:	32.09	32.09	150m:	1:42.87	35.74	250m:	2:52.58	34.87	350m:	4:03.15	34.89
	100m:	1:07.13	35.04	200m:	2:17.71	34.84	300m:	3:28.26	35.68	400m:	4:37.37	34.22
13.	Luczak Dominika		TP Zielona Gora						4:40.18	601		
	50m:	31.72	31.72	150m:	1:41.99	35.46	250m:	2:53.55	35.56	350m:	4:04.89	35.75
	100m:	1:06.53	34.81	200m:	2:17.99	36.00	300m:	3:29.14	35.59	400m:	4:40.18	35.29
14.	Kusion Weronika		UNIA Oswiecim						4:41.82	590		
	50m:	31.93	31.93	150m:	1:42.80	35.43	250m:	2:54.54	35.69	350m:	4:06.62	35.88
	100m:	1:07.37	35.44	200m:	2:18.85	36.05	300m:	3:30.74	36.20	400m:	4:41.82	35.20
15.	Fuks Emilia		Wodnik Siemianowice Sl						4:42.36	587		
	50m:	31.97	31.97	150m:	1:42.36	35.59	250m:	2:55.07	36.45	350m:	4:08.20	36.37
	100m:	1:06.77	34.80	200m:	2:18.62	36.26	300m:	3:31.83	36.76	400m:	4:42.36	34.16



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Rank									Time	Pts		
16.	Szewczyk Zofia								4:42.46	586		
	50m:	32.36	32.36	150m:	1:43.40	35.67	250m:	2:55.73	36.05	350m:	4:08.04	35.89
	100m:	1:07.73	35.37	200m:	2:19.68	36.28	300m:	3:32.15	36.42	400m:	4:42.46	34.42
17.	Domzol Zuzanna								4:42.51	586		
	50m:	31.71	31.71	150m:	1:42.09	35.65	250m:	2:54.21	36.11	350m:	4:07.41	36.49
	100m:	1:06.44	34.73	200m:	2:18.10	36.01	300m:	3:30.92	36.71	400m:	4:42.51	35.10
18.	Kurasinska Oliwia								4:46.77	560		
	50m:	32.38	32.38	150m:	1:43.73	36.22	250m:	2:56.98	36.71	350m:	4:10.89	37.08
	100m:	1:07.51	35.13	200m:	2:20.27	36.54	300m:	3:33.81	36.83	400m:	4:46.77	35.88
19.	Nocon Dominika								4:49.14	546		
	50m:	32.20	32.20	150m:	1:42.95	35.89	250m:	2:56.32	36.72	350m:	4:11.42	37.65
	100m:	1:07.06	34.86	200m:	2:19.60	36.65	300m:	3:33.77	37.45	400m:	4:49.14	37.72
20.	Maziar Alicja								4:52.48	528		
	50m:	32.58	32.58	150m:	1:45.54	37.05	250m:	3:00.78	38.10	350m:	4:16.22	38.09
	100m:	1:08.49	35.91	200m:	2:22.68	37.14	300m:	3:38.13	37.35	400m:	4:52.48	36.26