



Mistrzostwa Polski Juniorów 16-letnich  
Ostrowiec w., 13-15 lipca 2018r



Event 20  
14-07-2018 - 17:40

Boys, 400m Freestyle

16 years  
Results Finals

Rek Polski Seniorów	3:45.71	Sta czyk Przemyslaw	MKSZC	Chiba (JPN)	21-08-2007
Rek Polski Jun. 16-lat	3:56.47	Kału y ski Antoni	MUWAR	Hodmezovasarhely (HUN)	12-12-2015

Points: FINA 2017

Rank								Time	Pts
<b>Final A</b>									
1.	Jackowski Tomasz		SLASK Wroclaw					<b>4:03.00</b>	742
	50m: 27.26	27.26	150m: 1:27.91	30.68	250m: 2:30.09	30.85	350m: 3:32.81	31.62	
	100m: 57.23	29.97	200m: 1:59.24	31.33	300m: 3:01.19	31.10	400m: 4:03.00	30.19	
2.	Bruzdewicz Hubert		Kormoran Olsztyn					<b>4:03.45</b>	738
	50m: 27.63	27.63	150m: 1:29.49	31.21	250m: 2:32.74	31.36	350m: 3:34.86	30.56	
	100m: 58.28	30.65	200m: 2:01.38	31.89	300m: 3:04.30	31.56	400m: 4:03.45	28.59	
3.	Grzegorzcyk Wiktor		MOS Elk					<b>4:06.71</b>	709
	50m: 28.54	28.54	150m: 1:30.19	31.03	250m: 2:32.98	31.05	350m: 3:35.91	31.26	
	100m: 59.16	30.62	200m: 2:01.93	31.74	300m: 3:04.65	31.67	400m: 4:06.71	30.80	
4.	Szczerba Adam		AZS UMCS Lublin					<b>4:09.01</b>	690
	50m: 27.83	27.83	150m: 1:30.04	31.26	250m: 2:33.19	31.58	350m: 3:37.22	31.72	
	100m: 58.78	30.95	200m: 2:01.61	31.57	300m: 3:05.50	32.31	400m: 4:09.01	31.79	
5.	Lik Kacper		Jedynka Lodz					<b>4:13.49</b>	654
	50m: 29.05	29.05	150m: 1:31.52	31.44	250m: 2:36.07	32.25	350m: 3:41.70	32.71	
	100m: 1:00.08	31.03	200m: 2:03.82	32.30	300m: 3:08.99	32.92	400m: 4:13.49	31.79	
6.	Dudkiewicz Kacper		Polonia Warszawa					<b>4:13.89</b>	651
	50m: 28.84	28.84	150m: 1:32.80	32.32	250m: 2:37.73	32.14	350m: 3:43.88	32.56	
	100m: 1:00.48	31.64	200m: 2:05.59	32.79	300m: 3:11.32	33.59	400m: 4:13.89	30.01	
7.	Jaskiewicz Adrian		Muszelka Warszawa					<b>4:14.00</b>	650
	50m: 28.93	28.93	150m: 1:33.43	32.53	250m: 2:37.62	31.57	350m: 3:42.39	32.33	
	100m: 1:00.90	31.97	200m: 2:06.05	32.62	300m: 3:10.06	32.44	400m: 4:14.00	31.61	
8.	Knyszynski Maciej		Jedynka Lodz					<b>4:18.43</b>	617
	50m: 29.42	29.42	150m: 1:34.31	32.61	250m: 2:39.71	32.78	350m: 3:45.80	32.86	
	100m: 1:01.70	32.28	200m: 2:06.93	32.62	300m: 3:12.94	33.23	400m: 4:18.43	32.63	
9.	Dolowy Grzegorz		Muszelka Warszawa					<b>4:20.16</b>	605
	50m: 29.81	29.81	150m: 1:34.39	32.75	250m: 2:40.53	33.39	350m: 3:47.24	33.31	
	100m: 1:01.64	31.83	200m: 2:07.14	32.75	300m: 3:13.93	33.40	400m: 4:20.16	32.92	
10.	Pajak Jakub		UKS SMS Galicja Krakow					<b>4:22.68</b>	588
	50m: 30.43	30.43	150m: 1:35.49	32.40	250m: 2:42.63	33.23	350m: 3:50.40	33.67	
	100m: 1:03.09	32.66	200m: 2:09.40	33.91	300m: 3:16.73	34.10	400m: 4:22.68	32.28	
<b>Final B</b>									
11.	Mencel Milosz		Victoria Raciborz					<b>4:09.78</b>	683
	50m: 28.14	28.14	150m: 1:30.65	31.80	250m: 2:34.65	32.23	350m: 3:38.70	31.72	
	100m: 58.85	30.71	200m: 2:02.42	31.77	300m: 3:06.98	32.33	400m: 4:09.78	31.08	
12.	Siekaczynski Artur		Fala Krasnik					<b>4:15.08</b>	642
	50m: 28.95	28.95	150m: 1:33.34	32.56	250m: 2:38.55	32.56	350m: 3:43.79	32.42	
	100m: 1:00.78	31.83	200m: 2:05.99	32.65	300m: 3:11.37	32.82	400m: 4:15.08	31.29	
13.	Szymanowski Jakub		Słowianka Gorzow Wlkp.					<b>4:17.16</b>	626
	50m: 29.15	29.15	150m: 1:33.50	32.55	250m: 2:38.85	32.65	350m: 3:44.54	32.93	
	100m: 1:00.95	31.80	200m: 2:06.20	32.70	300m: 3:11.61	32.76	400m: 4:17.16	32.62	
14.	Rozmyslowski Eryk		UKS GOS Raszyn					<b>4:17.78</b>	622
	50m: 29.00	29.00	150m: 1:33.75	32.72	250m: 2:40.05	33.00	350m: 3:45.94	32.71	
	100m: 1:01.03	32.03	200m: 2:07.05	33.30	300m: 3:13.23	33.18	400m: 4:17.78	31.84	
15.	Klisz Krystian		MKP Szczecin					<b>4:19.21</b>	611
	50m: 28.88	28.88	150m: 1:32.48	32.64	250m: 2:39.02	33.40	350m: 3:46.43	33.66	
	100m: 59.84	30.96	200m: 2:05.62	33.14	300m: 3:12.77	33.75	400m: 4:19.21	32.78	



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Rank								Time	Pts
16.	Wodynski Bartosz							<b>4:20.38</b>	603
	50m: 28.92	28.92	150m: 1:33.20	32.55	250m: 2:39.46	33.30	350m: 3:47.49	34.33	
	100m: 1:00.65	31.73	200m: 2:06.16	32.96	300m: 3:13.16	33.70	400m: 4:20.38	32.89	
17.	Rapala Tomasz							<b>4:20.47</b>	603
	50m: 29.78	29.78	150m: 1:34.39	32.74	250m: 2:40.94	33.45	350m: 3:48.40	33.66	
	100m: 1:01.65	31.87	200m: 2:07.49	33.10	300m: 3:14.74	33.80	400m: 4:20.47	32.07	
18.	Grzybowski Bartosz							<b>4:21.51</b>	595
	50m: 28.43	28.43	150m: 1:34.27	33.39	250m: 2:41.05	33.64	350m: 3:49.54	34.06	
	100m: 1:00.88	32.45	200m: 2:07.41	33.14	300m: 3:15.48	34.43	400m: 4:21.51	31.97	
19.	Plesnierowicz Kamil							<b>4:22.05</b>	592
	50m: 29.51	29.51	150m: 1:34.60	32.76	250m: 2:40.88	33.11	350m: 3:48.73	34.22	
	100m: 1:01.84	32.33	200m: 2:07.77	33.17	300m: 3:14.51	33.63	400m: 4:22.05	33.32	
20.	Mikos Dawid							<b>4:25.20</b>	571
	50m: 28.65	28.65	150m: 1:33.85	33.15	250m: 2:41.07	33.82	350m: 3:50.71	35.14	
	100m: 1:00.70	32.05	200m: 2:07.25	33.40	300m: 3:15.57	34.50	400m: 4:25.20	34.49	