



Konkurencja 20
11-06-2011

M czyzn, 400m dowolny

Open
Wyniki

Rek Okregu Swiet. Seniorów	4:01.53	Kaczmarek Marcin	KSOST	Ostrowiec w.	21-05-2011
Rek Okregu Swiet. Jun.18-lat	4:01.53	Kaczmarek Marcin	KSOST	Ostrowiec w.	21-05-2011
Rek Okregu Swiet. Jun.17-lat	4:01.53	Kaczmarek Marcin	KSOST	Ostrowiec w.	21-05-2011
Rek Okregu Swiet. Jun.16-lat	4:03.80	Kurant Roger	KSOST	Ostrowiec w.	23-05-2009
Rek Okregu Swiet. Jun.15-lat	4:03.80	Kurant Roger	KSOST	Ostrowiec w.	23-05-2009
Rek Okregu Swiet. Jun.14-lat	4:14.10	Kurant Roger	KSOST	O wi cim	05-07-2008
Rek Okregu Swiet. Mlodz.13-lat	4:28.93	Kurant Roger	KSOST	O wi cim	08-07-2007
Rek Okregu Swiet. Mlodz.12-lat	4:53.34	Kowalski Patryk	UNBUS	D bica	13-12-2009
Rek Okregu Swiet. Dzieci	5:17.48	Bujak Dominik	KOKIE	Ostrowiec w.	12-06-2010

Punkty: FINA 2008

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m
Open								
1. Krycia Mateusz	96	KSZO Ostrowiec w.	4:20.48	625	1:02.66	1:07.19	1:06.91	1:03.72
50m: 29.79	29.79	150m: 1:36.41	33.75	250m: 2:43.29	33.44	350m: 3:49.02	32.26	
100m: 1:02.66	32.87	200m: 2:09.85	33.44	300m: 3:16.76	33.47	400m: 4:20.48	31.46	
2. Dytkowski Jan	97	KSZO Ostrowiec w.	4:21.47	618	1:03.06	1:06.86	1:06.75	1:04.80
50m: 30.13	30.13	150m: 1:36.38	33.32	250m: 2:43.35	33.43	350m: 3:49.42	32.75	
100m: 1:03.06	32.93	200m: 2:09.92	33.54	300m: 3:16.67	33.32	400m: 4:21.47	32.05	
3. Szczechura Patryk	95	KSZO Ostrowiec w.	4:22.57	610	1:04.01	1:07.39	1:06.53	1:04.64
50m: 30.97	30.97	150m: 1:37.86	33.85	250m: 2:44.61	33.21	350m: 3:51.23	33.30	
100m: 1:04.01	33.04	200m: 2:11.40	33.54	300m: 3:17.93	33.32	400m: 4:22.57	31.34	
4. Rogozi ski Łukasz	94	KSZO Ostrowiec w.	4:22.69	609	1:03.24	1:07.84	1:07.43	1:04.18
50m: 30.01	30.01	150m: 1:36.96	33.72	250m: 2:44.46	33.38	350m: 3:51.41	32.90	
100m: 1:03.24	33.23	200m: 2:11.08	34.12	300m: 3:18.51	34.05	400m: 4:22.69	31.28	
5. Ksi ek Sebastian	96	KSZO Ostrowiec w.	4:28.79	569	1:03.23	1:09.03	1:08.07	1:08.46
50m: 30.31	30.31	150m: 1:37.87	34.64	250m: 2:46.21	33.95	350m: 3:54.96	34.63	
100m: 1:03.23	32.92	200m: 2:12.26	34.39	300m: 3:20.33	34.12	400m: 4:28.79	33.83	
6. Kowalski Patryk	97	UNIA Busko-Zdrój	4:31.21	554	1:05.66	1:08.90	1:09.49	1:07.16
50m: 31.49	31.49	150m: 1:39.83	34.17	250m: 2:49.14	34.58	350m: 3:58.31	34.26	
100m: 1:05.66	34.17	200m: 2:14.56	34.73	300m: 3:24.05	34.91	400m: 4:31.21	32.90	
7. Szel g Ernest	97	KSZO Ostrowiec w.	4:34.02	537	1:05.64	1:09.23	1:09.96	1:09.19
50m: 32.09	32.09	150m: 1:40.11	34.47	250m: 2:49.74	34.87	350m: 4:00.03	35.20	
100m: 1:05.64	33.55	200m: 2:14.87	34.76	300m: 3:24.83	35.09	400m: 4:34.02	33.99	
8. Bujak Piotr	97	Korona-Swim Kielce	4:41.70	494	1:05.61	1:12.68	1:12.74	1:10.67
50m: 31.00	31.00	150m: 1:41.99	36.38	250m: 2:54.51	36.22	350m: 4:07.72	36.69	
100m: 1:05.61	34.61	200m: 2:18.29	36.30	300m: 3:31.03	36.52	400m: 4:41.70	33.98	
9. Rogozi ski Michał	98	KSZO Ostrowiec w.	4:53.79	435	1:08.90	1:16.18	1:14.96	1:13.75
50m: 32.74	32.74	150m: 1:46.89	37.99	250m: 3:02.64	37.56	350m: 4:17.66	37.62	
100m: 1:08.90	36.16	200m: 2:25.08	38.19	300m: 3:40.04	37.40	400m: 4:53.79	36.13	
10. Bujak Dominik	99	Korona-Swim Kielce	4:58.64	415	1:11.47	1:16.47	1:16.43	1:14.27
50m: 33.96	33.96	150m: 1:49.77	38.30	250m: 3:06.14	38.20	350m: 4:22.22	37.85	
100m: 1:11.47	37.51	200m: 2:27.94	38.17	300m: 3:44.37	38.23	400m: 4:58.64	36.42	
11. Zimnicki Patryk	97	FOKA Sandomierz	5:03.57	395	1:11.08	1:18.56	1:19.13	1:14.80
50m: 33.42	33.42	150m: 1:49.93	38.85	250m: 3:09.32	39.68	350m: 4:27.47	38.70	
100m: 1:11.08	37.66	200m: 2:29.64	39.71	300m: 3:48.77	39.45	400m: 5:03.57	36.10	
12. Machniewski Jakub	96	Korona-Swim Kielce	5:08.42	376	1:09.20	1:18.08	1:21.76	1:19.38
50m: 31.91	31.91	150m: 1:48.25	39.05	250m: 3:07.30	40.02	350m: 4:30.60	41.56	
100m: 1:09.20	37.29	200m: 2:27.28	39.03	300m: 3:49.04	41.74	400m: 5:08.42	37.82	
13. Kijewski Kasper	99	Salos Cortile Kielce	5:10.97	367	1:14.79	1:22.02	1:19.37	1:14.79
50m: 35.17	35.17	150m: 1:55.09	40.30	250m: 3:16.41	39.60	350m: 4:35.17	38.99	
100m: 1:14.79	39.62	200m: 2:36.81	41.72	300m: 3:56.18	39.77	400m: 5:10.97	35.80	
14. Gajewski Karol	97	Korona-Swim Kielce	5:18.96	340	1:13.97	1:21.19	1:22.68	1:21.12
50m: 34.52	34.52	150m: 1:54.27	40.30	250m: 3:16.10	40.94	350m: 4:39.04	41.20	
100m: 1:13.97	39.45	200m: 2:35.16	40.89	300m: 3:57.84	41.74	400m: 5:18.96	39.92	
15. Łukawski Mikołaj	99	Korona-Swim Kielce	5:24.80	322	1:16.92	1:23.99	1:24.71	1:19.18
50m: 35.42	35.42	150m: 1:59.12	42.20	250m: 3:23.50	42.59	350m: 4:47.35	41.73	
100m: 1:16.92	41.50	200m: 2:40.91	41.79	300m: 4:05.62	42.12	400m: 5:24.80	37.45	
16. Kowalski Karol	00	UNIA Busko-Zdrój	5:25.90	319	1:17.27	1:23.11	1:24.51	1:21.01
50m: 36.33	36.33	150m: 1:58.73	41.46	250m: 3:22.40	42.02	350m: 4:46.14	41.25	
100m: 1:17.27	40.94	200m: 2:40.38	41.65	300m: 4:04.89	42.49	400m: 5:25.90	39.76	



Letnie Mistrzostwa Okregu w tokrzyskiego
Ostrowiec w., 11,12. czerwiec 2011r



Konkurencja 20, M czynn, 400m dowolny, Open

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
17. Michta Kacper	00 KSZO Ostrowiec w.	5:27.17	315	1:17.57	1:24.86	1:23.89	1:20.85
50m: 36.79	36.79	150m: 1:59.61	42.04	250m: 3:24.93	42.50	350m: 4:48.29	41.97
100m: 1:17.57	40.78	200m: 2:42.43	42.82	300m: 4:06.32	41.39	400m: 5:27.17	38.88
18. Rogozi ski Mateusz	99 KSZO Ostrowiec w.	5:36.29	290	1:17.36	1:27.42	1:29.72	1:21.79
50m: 36.21	36.21	150m: 2:00.43	43.07	250m: 3:29.97	45.19	350m: 4:57.15	42.65
100m: 1:17.36	41.15	200m: 2:44.78	44.35	300m: 4:14.50	44.53	400m: 5:36.29	39.14
19. Marciniec Maciej	97 UNIA Busko-Zdrój	5:50.72	256	1:20.85	1:30.03	1:31.43	1:28.41
50m: 37.90	37.90	150m: 2:05.39	44.54	250m: 3:36.27	45.39	350m: 5:07.35	45.04
100m: 1:20.85	42.95	200m: 2:50.88	45.49	300m: 4:22.31	46.04	400m: 5:50.72	43.37
20. Matuszewski Krzysztof	00 Korona-Swim Kielce	5:55.35	246	1:21.85	1:33.45	1:33.94	1:26.11
50m: 37.38	37.38	150m: 2:08.03	46.18	250m: 3:42.22	46.92	350m: 5:14.80	45.56
100m: 1:21.85	44.47	200m: 2:55.30	47.27	300m: 4:29.24	47.02	400m: 5:55.35	40.55
NIE UK. Kowalik Krystian	00 Korona-Swim Kielce			1:24.62			
50m: 37.97	37.97	150m:		250m:	350m:		
100m: 1:24.62	46.65	200m:		300m:	400m:		

11 - 13 lat

1. Rogozi ski Michał	98 KSZO Ostrowiec w.	4:53.79	435	1:08.90	1:16.18	1:14.96	1:13.75
50m: 32.74	32.74	150m: 1:46.89	37.99	250m: 3:02.64	37.56	350m: 4:17.66	37.62
100m: 1:08.90	36.16	200m: 2:25.08	38.19	300m: 3:40.04	37.40	400m: 4:53.79	36.13
2. Bujak Dominik	99 Korona-Swim Kielce	4:58.64	415	1:11.47	1:16.47	1:16.43	1:14.27
50m: 33.96	33.96	150m: 1:49.77	38.30	250m: 3:06.14	38.20	350m: 4:22.22	37.85
100m: 1:11.47	37.51	200m: 2:27.94	38.17	300m: 3:44.37	38.23	400m: 4:58.64	36.42
3. Kijewski Kasper	99 Salos Cortile Kielce	5:10.97	367	1:14.79	1:22.02	1:19.37	1:14.79
50m: 35.17	35.17	150m: 1:55.09	40.30	250m: 3:16.41	39.60	350m: 4:35.17	38.99
100m: 1:14.79	39.62	200m: 2:36.81	41.72	300m: 3:56.18	39.77	400m: 5:10.97	35.80
4. Łukawski Mikołaj	99 Korona-Swim Kielce	5:24.80	322	1:16.92	1:23.99	1:24.71	1:19.18
50m: 35.42	35.42	150m: 1:59.12	42.20	250m: 3:23.50	42.59	350m: 4:47.35	41.73
100m: 1:16.92	41.50	200m: 2:40.91	41.79	300m: 4:05.62	42.12	400m: 5:24.80	37.45
5. Kowalski Karol	00 UNIA Busko-Zdrój	5:25.90	319	1:17.27	1:23.11	1:24.51	1:21.01
50m: 36.33	36.33	150m: 1:58.73	41.46	250m: 3:22.40	42.02	350m: 4:46.14	41.25
100m: 1:17.27	40.94	200m: 2:40.38	41.65	300m: 4:04.89	42.49	400m: 5:25.90	39.76
6. Michta Kacper	00 KSZO Ostrowiec w.	5:27.17	315	1:17.57	1:24.86	1:23.89	1:20.85
50m: 36.79	36.79	150m: 1:59.61	42.04	250m: 3:24.93	42.50	350m: 4:48.29	41.97
100m: 1:17.57	40.78	200m: 2:42.43	42.82	300m: 4:06.32	41.39	400m: 5:27.17	38.88
7. Rogozi ski Mateusz	99 KSZO Ostrowiec w.	5:36.29	290	1:17.36	1:27.42	1:29.72	1:21.79
50m: 36.21	36.21	150m: 2:00.43	43.07	250m: 3:29.97	45.19	350m: 4:57.15	42.65
100m: 1:17.36	41.15	200m: 2:44.78	44.35	300m: 4:14.50	44.53	400m: 5:36.29	39.14
8. Matuszewski Krzysztof	00 Korona-Swim Kielce	5:55.35	246	1:21.85	1:33.45	1:33.94	1:26.11
50m: 37.38	37.38	150m: 2:08.03	46.18	250m: 3:42.22	46.92	350m: 5:14.80	45.56
100m: 1:21.85	44.47	200m: 2:55.30	47.27	300m: 4:29.24	47.02	400m: 5:55.35	40.55
NIE UK. Kowalik Krystian	00 Korona-Swim Kielce			1:24.62			
50m: 37.97	37.97	150m:		250m:	350m:		
100m: 1:24.62	46.65	200m:		300m:	400m:		
PK witkowski Jan	94 SKARPA Lublin	4:05.81	743	1:01.13	1:02.76	1:01.65	1:00.27
50m: 29.53	29.53	150m: 1:32.61	31.48	250m: 2:34.42	30.53	350m: 3:36.32	30.78
100m: 1:01.13	31.60	200m: 2:03.89	31.28	300m: 3:05.54	31.12	400m: 4:05.81	29.49
PK Gwiazda Michał	94 SKARPA Lublin	4:32.99	543	1:05.64	1:09.48	1:10.19	1:07.68
50m: 31.69	31.69	150m: 1:40.34	34.70	250m: 2:50.33	35.21	350m: 4:00.20	34.89
100m: 1:05.64	33.95	200m: 2:15.12	34.78	300m: 3:25.31	34.98	400m: 4:32.99	32.79
PK Boguszewski Maciej	98 SKARPA Lublin	5:25.44	320	1:16.93	1:23.78	1:23.40	1:21.33
50m: 36.58	36.58	150m: 1:58.56	41.63	250m: 3:22.76	42.05	350m: 4:45.71	41.60
100m: 1:16.93	40.35	200m: 2:40.71	42.15	300m: 4:04.11	41.35	400m: 5:25.44	39.73
PK Partyka Norbert	98 SKARPA Lublin	6:00.94	235	1:25.67	1:31.17	1:32.67	1:31.43
50m: 40.22	40.22	150m: 2:11.23	45.56	250m: 3:43.07	46.23	350m: 5:15.59	46.08
100m: 1:25.67	45.45	200m: 2:56.84	45.61	300m: 4:29.51	46.44	400m: 6:00.94	45.35
PK Małyska Bartosz	99 SKARPA Lublin	6:10.11	218	1:26.50	1:36.45	1:36.64	1:30.52
50m: 39.15	39.15	150m: 2:13.95	47.45	250m: 3:52.10	49.15	350m: 5:26.22	46.63
100m: 1:26.50	47.35	200m: 3:02.95	49.00	300m: 4:39.59	47.49	400m: 6:10.11	43.89